

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	Lap Swim (11) 5:05–6:00AM	Lap Swim (11) 5:05–6:00AM	Lap Swim (11) 5:05–6:00AM	Lap Swim (11) 5:05–6:00AM	Lap Swim (11) 5:05–6:00AM		
6:00 AM	Masters Swim Lap Swim (4) 6:05–7:05AM	Master’s Swim Lap Swim (4) 6:05–7:15AM	Masters Swim Lap Swim (4) 6:05–7:05AM	Master’s Swim Lap Swim (4) 6:05–7:15AM	Master’s Swim Lap Swim (4) 6:05–7:15AM		
7:00 AM						Lap Swim (11) 7:05–8:00AM	Lap Swim (11) 7:05–9:45AM
8:00 AM	Lap Swim (11) 7:15AM–12:00PM	Lap Swim (11) 7:15AM–12:00PM	Lap Swim (11) 7:15AM–12:00PM	Lap Swim (11) 7:15AM–12:00PM	Master’s Swim Lap Swim (5) 8:00–9:15AM		
9:00 AM					Swim Lessons (2) Lap Swim (8) 9:30–12:00PM	Master’s Swim (5) 9:45–11:00AM	
10:00 AM							
11:00 AM					Master’s Swim Lap Swim (4) 12:00PM–1:15PM	Master’s Swim Lap Swim (4) 12:00PM–1:15PM	Master’s Swim Lap Swim (4) 12:00PM–1:15PM
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM	Lap Swim (11) 1:15–4:00PM	Lap Swim (11) 1:15–4:00PM	Lap Swim (11) 1:15–4:00PM	Lap Swim (11) 1:15–4:00PM	Lap Swim (11) 1:15–4:00PM		
4:00 PM	Swim Team Lap Swim (4)	Swim Team Lap Swim (4)	Swim Team Lap Swim (4)	Swim Team Lap Swim (4)	Swim Team Lap Swim (4)	Schedule subject to change, any number of lanes may be used for swim lessons, swim team or training at any given time. Sign Up for Text Alerts Text: 858-293-9617 ECKEPOOL for Aquatics Up-dates & ECKEWATERX for class information	
5:00 PM	4:00–6:00PM	4:00–6:00PM	4:00–6:00PM	4:00–6:00PM	4:00–6:00PM		
6:00 PM	High School Swim (6) Lap Swim (4) 6:00–8:15PM	High School Swim (6) Lap Swim (4) 6:00–8:15PM	High School Swim (6) Lap Swim (4) 6:00–8:15PM	High School Swim (6) Lap Swim (4) 6:00–8:15PM	High School Swim (6) Lap Swim (4) 6:00–8:15PM		
7:00 PM							
8:00 PM							
9:00 PM	CLOSED 8:15–9:00PM						

Pool Rules:

- Parents are responsible for watching their children while in the swimming pool
- All persons must shower before using the swimming pools
- Please respect the decisions of the lifeguards
- Walk at all times during any activity
- Diving in the instructional pool is not allowed
- Food, drinks and glass bottles are not permitted on the pool deck
- Foul language, pushing and horseplay are prohibited

- All swimmers must wear swim attire
- T-Shirts are not allowed in the pool• Only noodles & lifejackets are allowed during Family Swim. Inflatable devices are not permitted.
- Swimmers who are not potty-trained must wear a swim diaper, including all swimmers under age 3
- Children 6 & under must be accompanied by an adult into the swimming pool
- Children 7 & older may swim without an adult after passing a swim test. Adult must remain in the facility
- Non-swimmers must wear a lifejacket or be

- within arms reach of a parent at all times
- Any child playing in the splash pad must be accompanied by an adult
- Talking should be kept to a minimum during all water ex classes• Swimmers must agree to share a lane with another swimmer, and circle swimming is mandatory for lanes with more than 2 people
- Starting blocks are only for use during organized programs
- Lap swimming is for swimmers ages 7-17 who pass a swim test, of adults 18 & older
- All swimmers under 18 must pass a swim test, wear a USCG approved flotation device, or be within arm's reach of a parent

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00 AM	CLOSED 5:00 – 7:00 AM								
6:00 AM									
7:00 AM	Lap/Open Swim (2) 7:05–8:30AM	Lap/Open Swim (2) 7:05–8:30AM	Lap/Open Swim (2) 7:05–8:30AM	Lap/Open Swim (2) 7:05–8:30AM	Lap/Open Swim (2) 7:05–8:30AM	CLOSED 7:00 – 8:00AM			
8:00 AM	Swim Lessons Lap/Open Swim (2) 8:30–9:25AM	Swim Lessons Lap/Open Swim (2) 8:30–9:25AM	Swim Lessons Lap/Open Swim (2) 8:30–10:25AM	Swim Lessons Lap/Open Swim (2) 8:30–9:25AM	Swim Lessons Lap/Open Swim (2) 8:30 –10:25AM	Swim Lessons <u>Only</u> No Lap/ Open Swim 8:05AM–12:15PM	Lap/Family Swim (2) 8:05–8:55AM		
9:00 AM	Water Exercise ONLY No Lap/Open Swim 9:30–10:25AM	Water Exercise ONLY No Lap/Open Swim 9:30–10:25AM		Water Exercise ONLY No Lap Swim 9:30–10:25AM			Water Exercise ONLY No Lap Swim 9:30–10:25AM	Water Exercise Only No Lap Swim 9:00–9:55AM	
10:00 AM	CAMP SWIM No Lap/No Open Swim 10:30AM – 12:00PM	CAMP SWIM No Lap/No Open Swim 10:30AM – 12:00PM		CAMP SWIM No Lap/No Open Swim 10:30AM – 12:00PM			CAMP SWIM No Lap/No Open Swim 10:30AM – 12:00PM	CAMP SWIM No Lap/No Open Swim 10:30AM–12:00PM	Lap/Family Swim (1) Swim Lessons (2) 10:00 AM–3:45PM
11:00 AM									
12:00 PM	Swim Lessons Lap/Open Swim (2) 12:00–12:50PM	Swim Lessons Lap/Open Swim (2) 12:00–12:50PM	Water Exercise ONLY No Lap /Open Swim (2) 12:00–12:50PM	Swim Lessons Lap/Open Swim (2) 12:00–12:50PM	Water Exercise ONLY No Lap /Open Swim 12:00–12:50PM	Lap/Family Swim (2) 12:15–3:45PM			
1:00 PM	CAMP SWIM No Lap/No Open Swim 1:00PM–2:00PM	CAMP SWIM No Lap/No Open Swim 1:00PM–2:00PM	CAMP SWIM No Lap/No Open Swim 1:00PM–2:00PM	CAMP SWIM No Lap/No Open Swim 1:00PM–2:00PM	CAMP SWIM No Lap/No Open Swim 1:00PM–2:00PM				
2:00 PM	Swim Lessons Lap/Open Swim (2) 2:00–3:00PM	Swim Lessons Lap/Open Swim (2) 2:00–3:00PM	Swim Lessons Lap/Open Swim (2) 2:00–3:00PM	Swim Lessons Lap/Open Swim (2) 2:00–3:00PM	Swim Lessons Lap/Open Swim (2) 2:00–3:00PM				
3:00 PM	Swim Lessons <u>Only</u> No Lap/Open Swim 3:00–6:00PM	Swim Lessons <u>Only</u> No Lap/Open Swim 3:00–6:00PM	Swim Lessons <u>Only</u> No Lap/Open Swim 3:00–6:00PM	Swim Lessons <u>Only</u> No Lap/Open Swim 3:00–6:00PM	Swim Lessons (2) Lap/Open Swim (2) 3:00–6:00PM		CLOSED 4PM–5PM		
4:00 PM	Swim Lessons (2) Lap/Open Swim (2) 6:00–7:30PM	Swim Lessons (2) Lap/Open Swim (2) 6:00–7:30PM	Swim Lessons (2) Lap/Open Swim (2) 6:00–7:30PM	Swim Lessons (2) Lap/Open Swim (2) 6:00–7:30PM	Lap/Open Swim (2) 6:00–7:30PM				
5:00 PM									
6:00 PM	CLOSED 7:30–9:00PM					Sign Up for Text Alerts Text: 858-293-9617 ECKEPOOL for Aquatics updates & ECKEWATERX for class information			
7:00 PM									
8:00 PM									
9:00 PM									

JUNE 19 (JUNETEENTH) - NO SWIM LESSONS

**JULY 4 (INDEPENDENCE DAY) -
POOL HOURS 7:30AM–12:30PM**

Schedule subject to change, any number of lanes
may be used for swim lessons, swim team or
training at any given time.