



CAMERON FAMILY YMCA Gymnastics



*If you are new to our program - this level requires in person evaluation

Note: we require a minimum of 3 kids per class

CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Parent/Child	1-2	10:00-10:45	11:00-11:45	4:30-5:15			9:15-10:00
Adaptive	5-11			6:30-7:15			
Preschool Gymnastics	3-5	9:15-10:00 5:15-6:00	9:15-10:00 4:15-5:00 5:15-6:00	5:30-6:15	4:15-5:00 5:15-6:00		10:15-11:00 11:15-12:00
Little Ninjas	3-5	11:00-11:45 4:15-5:00	6:00-6:45				10:00-10:45
Hotshots 1	3-6		10:00-10:55 4:00-4:55	5:00-5:55	4:00-4:55 Boys Hotshots 4:00-4:55		10:00-10:55
Hotshots 2	3-6		10:00-10:55 5:00-5:55	5:00-5:55	5:00-5:55		11:00-11:55
Hotshots 3	5-7		5:00-6:25		5:00-6:25		
Girls Beginner	5-12	4:00-4:55 6:00-6:55		4:00-4:55 6:00-6:55	4:30-5:25 6:00-6:55		9:00-9:55 11:00-11:55
Girls Level 1	6-17	4:00-4:55 5:00-5:55	4:30-5:25	5:00-5:55	4:00-4:55 5:00-5:55		10:00-10:55
Girls Level 2	6-17	5:00-6:25	5:30-6:55	3:30-4:55	5:30-6:55		10:00-11:25
Girls Level 3	6-17	5:00-6:55	5:30-7:25	5:00-6:55			10:00-11:55
Girls Advanced Noncompetitive	6-17			4:30-6:25			
Parkour Beginner	6-12		4:00-4:55				
Boys Level 1	5-17		4:00-4:55		4:00-4:55		
Boys Level 2	6-17		5:00-6:25		5:00-6:25		
Boys Level 3	6-17		5:00-6:55		5:00-6:55		
OPEN GYM	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Preschool Open Gym	0-5	12:00-1:00	12:00-1:00	12:00-1:00			12:00-1:00
School Age Open Gym	6-11						12:00-1:00
Adult Open Gym	12+	7:00-8:00		7:00-8:00			