



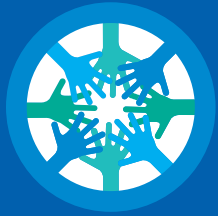
YMCA OF SAN DIEGO COUNTY
**COMMUNITY
 WELL-BEING**
 & BELONGING

MISSION

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION

To be the catalyst to transform lives and communities.



**CONNECTION
 IN COMMUNITY**

2024 ANNUAL CAMPAIGN
DAN MCKINNEY FAMILY YMCA
 THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

OUR IMPACT

As a leading nonprofit, our Y is making a difference in the lives of nearly 10% of San Diego County's population.

17,071

local community members annually

COMMUNITY NEED

\$365,000 to provide equitable access through **935+** scholarships and program subsidies.



OPENING OUR DOORS TO:

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT

ENSURING ACCESS FOR ALL



CREATING HEALTH EQUITY

70

cancer survivors

came together in small supportive groups to regain their health in **LIVESTRONG** at the YMCA.

SUPPORTING MENTAL HEALTH

40+

veterans

are using the YMCA in partnership with the VA La Jolla for rehabilitative services.

NURTURING YOUTH DEVELOPMENT

20

children

with special needs receive inclusive support to have a YMCA experience.

YOUR SUPPORT MATTERS >>>>>

ymcasd.org/mckinneygive

TESTIMONIAL



The YMCA **LIVESTRONG** Program profoundly impacted my post-breast cancer recovery. It surpassed expectations, providing crucial physical, mental, and emotional support. Connecting with resilient individuals in a community of shared strength became my inspiration, reminding me I wasn't alone. Beyond the gym, **LIVESTRONG** instilled a holistic wellness focus, making the YMCA a beacon of hope. This program is more than a lifeline—it's a sanctuary and a testament to community power in overcoming adversity. Thank you, YMCA **LIVESTRONG**, for being my recovery cornerstone. - Anh Tang

**GIVE.
 VOLUNTEER.
 SHARE.**



SCAN QR CODE

