



YMCA OF SAN DIEGO COUNTY
**COMMUNITY
 WELL-BEING**
 & BELONGING

MISSION

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION

To be the catalyst to transform lives and communities.



**CONNECTION
 IN COMMUNITY**

2024 ANNUAL CAMPAIGN
T. CLAUDE AND GLADYS B. RYAN FAMILY YMCA
 THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

OUR IMPACT

As a leading nonprofit, our Y is making a difference in the lives of the Point Loma, Ocean Beach and Midway community.

12,800
 community
 members annually

COMMUNITY NEED

**\$310K to provide
 equitable access to**
 YMCA memberships, programs,
 and services.



**OPENING OUR
 DOORS TO:**

HEALTH EQUITY

MENTAL HEALTH

**YOUTH
 DEVELOPMENT**

ENSURING ACCESS FOR ALL



**CREATING
 HEALTH EQUITY**

350+

scholarships

provided to families, teens,
 seniors, and children who
 needed us most

**SUPPORTING
 MENTAL HEALTH**

500+

teens & seniors

receive community connection with free
 or subsidized access and services

**NURTURING
 YOUTH DEVELOPMENT**

over
\$120,000

invested

in critical youth programs
 and support services

YOUR SUPPORT MATTERS > ymcasd.org/ryangive

TESTIMONIAL



The ability to join the YMCA via scholarship has transformed our lives over the last year. As a single mom of 4 in this city especially, things like a gym membership or classes/programs for my children are luxuries we have not previously enjoyed. This past year I've reached personal fitness and weight loss goals, my kids have had a blast making friends and playing soccer/gymnastics and we adore having a place to enjoy swimming together. My little guy has the opportunity to receive excellent care at preschool every day while I work to provide for our family with peace of mind that he is happy, safe and having fun with his awesome teachers! All this right up the street from our home ... You guys have truly made a huge impact on our lives providing us with these incredible opportunities. Thank you from the bottom of my heart!

**GIVE.
 VOLUNTEER.
 SHARE.**



**SCAN
 QR CODE**

