



YMCA OF SAN DIEGO COUNTY
**COMMUNITY
WELL-BEING
& BELONGING**

MISSION

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION

To be the catalyst to transform lives and communities.



**CONNECTION
IN COMMUNITY**

2024 ANNUAL CAMPAIGN
SOUTH BAY FAMILY YMCA
THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

OUR IMPACT

As a leading nonprofit, our Y is making a difference in the lives of nearly 10% of San Diego County's population.

13,556
community members annually

COMMUNITY NEED

\$312,000 to provide equitable access to
YMCA memberships, programs, and services.



OPENING OUR DOORS TO:

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT

ENSURING ACCESS FOR ALL



CREATING HEALTH EQUITY

4,418
scholarships

provided to families, teens, seniors and children who needed us most

SUPPORTING MENTAL HEALTH

1,100

seniors per month

developed meaningful connections through Active Adult fitness classes and events

NURTURING YOUTH DEVELOPMENT

4,277

children engaged

with fulfilling enrichment activities through Y child care, after school programming and camp

YOUR SUPPORT MATTERS >> ymcasd.org/southbaygive

TESTIMONIAL



"We lost our home and I was living in my car with my two children. Someone told me to go to the YMCA to ask for help, so I did. The staff there were so welcoming and encouraging. They provided an immediate scholarship so we could shower and helped connect us to child care, emergency housing and other resources. We hope to be moving to permanent housing soon. I'm studying cosmetology, and my kids have a safe place to go after school. The South Bay Family YMCA team are my angels!"
-Paulina, mom & Y member

**GIVE.
VOLUNTEER.
SHARE.**



**SCAN
QR CODE**

