



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MODIFIED CAMP PROCEDURES

DAY CAMP | SUMMER 2020 | YMCA CAMP SURF

BRING ON 
SUMMER

YMCA OF SAN DIEGO COUNTY

OVERVIEW

This plan summarizes changes to our YMCA Day Camps to reduce potential exposures to and spread of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) the virus that causes COVID-19. Procedures were developed based on the American Camp Association "Field Guide for Camps on Implementation of CDC Guidance". Authorization to operate Day Camps was granted by the San Diego County Health Department in a Public Health Order dated May 8, 2020.

As you may expect, summer camp 2020 will be different:

- our camps will operate at roughly half-capacity
- social distancing will occur
- cleaning and sanitation will happen multiple times each day
- camper and staff health will be monitored regularly
- hugs, high-fives, and some activities will not be part of camp this summer

We will do all that we can to hold on to the core culture of camp:

- friendship
- inspiring leaders
- active outdoor fun
- Mission-focus of character development

No environment is risk free, and we acknowledge the challenges the pandemic brings. What we can promise is to follow these procedures that are designed based on expert guidance. We also commit to transparent and frequent communications with you.

GENERAL GUIDELINES

- Day Camps will be conducted in small, stable groups of 12 or less campers and dedicated staff. Those “bubble groups” will spend each day together and not interact closely with other groups. Campers are not permitted to switch between groups.
- Each camp group will have a specific, assigned meeting space.
- Seating for any group assemblies will allow for 10-feet of space between groups.
- Campers personal belongings will be kept in that group’s meeting space and stored separately.
- Campers will be required to bring their own face coverings and encouraged to use them.
- Staff will wear face coverings during indoor times, when near other bubble groups and whenever social distancing may be a challenge.
- Handwashing and use of hand sanitizer will be taught and conducted throughout the day. Hand sanitizer stations will be prevalent throughout the camp site.
- Visible markers and signage will be installed, reminding campers of social distancing requirements and health procedures.

PRE-CAMP STAFF TRAINING

- All employees will watch a COVID-19 safety video, read and acknowledge the Modified Camp Procedures manual.
- On-site trainings will teach and review procedures for each camp.
- All staff will be health screened prior to camp along with daily checks pre- and mid-shift.

COMMUNICATION WITH PARENTS



Pre-camp:

Emails will be sent each week on Thursdays.

Contents will include:

- Reminder on daily requirements - hat, water bottle, sunscreen, backpack, and personal equipment
- Camp hours and check-in/out times
- Safe check-in procedures
- Link to safe reopening video, camp check-in map and Modified Camp
- Procedures information (this document)
- Requirements for face coverings
- Updated Camper Code of Conduct
- General YMCA waiver with updated COVID-19 language

Parents are encouraged to speak with a Camp Unit Leader at anytime to discuss camp operations.

Post-Camp:

An online evaluation link will be sent after camp. We want to hear about your child's experience.



Please contact us if any health symptoms are noted when your child returns home. If camp is notified that a camper or staff member has been diagnosed with COVID-19, all families from that session will be immediately notified, while protecting the identity of those directly involved. We will also notify the San Diego County Health Department.

SIGN-IN / SIGN-OUT

Parents will be asked to drop-off and pick-up during these times:

Group A	Drop Off:	8:00-8:30am	⋮	Group B	Drop Off:	8:30-9:00am
	Pick Up:	4:00-4:30pm	⋮		Pick Up:	4:30-5:00pm

YMCA Staff will conduct a health survey, check your child's temperature and check-in the child. Please wear a face covering during the check in/out process. It is helpful if you bring your own pen for sign-in/out. Following the health survey, campers will sanitize their hands and be taken to their designated camp area.



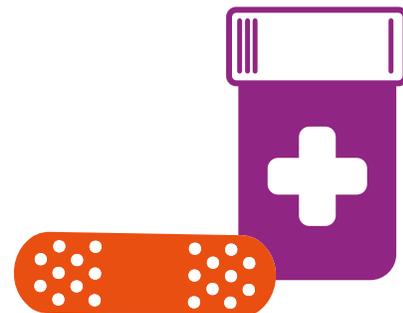
Campers **MAY NOT** enter camp if they exhibit any of the following symptoms:

- » fever of 100°F or higher
- » cough
- » shortness of breath
- » new loss of taste or smell
- » chills
- » muscle pain
- » headache
- » sore throat
- » runny nose
- » vomiting
- » diarrhea

MEDICATIONS

State law mandates medications be brought in the original container with Physician's instructions. We will administer meds accordingly. It is helpful to store the meds in a zip lock bag with your child's name.

YMCA Staff will verify frequency of administration on our Permission to Administer Medication Form and the frequency logged into our master medication list. Meds will kept in the controlled possession of Y staff or stored in a locked facility.



PREVENTING COVID-19 AT CAMP

Camper to Staff Ratios

YMCA will maintain the following staff-camper ratios:

- | | |
|-------------------|------|
| » 5 year olds | 1:6 |
| » 6-8 years old | 1:8 |
| » 9-11 years old | 1:10 |
| » 12-17 years old | 1:12 |



Hand Washing

We will teach and reinforce washing hands and covering coughs and sneezes among children and staff. Campers and staff will wash or sanitize their hands:

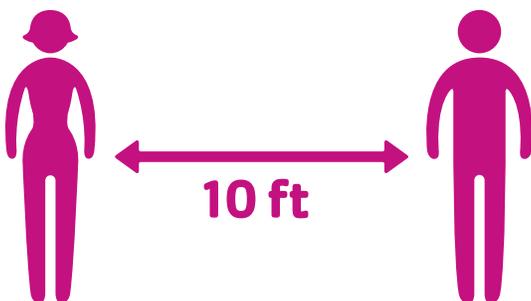
- When they arrive at the facility and before they leave the facility
- Before and after handling food or eating
- Before and after using the restroom
- After wiping their nose or mouth
- After playing in common use areas such as fields
- After handling or picking up garbage
- Everyone will wash with soap and water for 20 seconds. We will also use hand sanitizer that is 60%+ alcohol when hand washing is not available

Physical Distancing

Within groups, we will maintain distancing as much as possible. Between bubble groups, a minimum of 10 feet distance will be maintained.

Each camp group will have a specific, assigned meeting space.

Campers and staff may not enter, visit, or otherwise be present in another camp's meeting space. When traveling or operating near another camp's meeting space, campers must stay 10 feet from the meeting space.



Seating within camp group locations will be specifically indicated in a manner that encourages social distancing guidelines.

Youths' personal belongings are to be kept within the meeting space and stored in a manner where they do not touch.

Sunscreen

Please send sunscreen lotion with your camper.

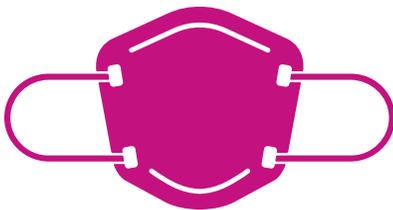
Campers should be able to apply their own sunscreen if possible.

Sunscreen provided by a parent for a youth may only be used by that camper.

Please apply sunscreen prior to leaving home in order to minimize the number of times sunscreen will need to be applied each day.

At a minimum, re-application of sunscreen will need to occur each day after lunch and/or after exiting the water.

Staff will wear face coverings and disinfect hands if they need to assist a camper with sunscreen.



Face Coverings

We ask that you send a face covering with your camper each day.

Youth are not required to wear face coverings but will be encouraged to do so. All face covering designs must be camp appropriate.

Youth will be required to wear a face covering in certain areas (ie. bathroom, dining hall) or if they begin feeling ill while at camp.

If a Camper Is Not Feeling Well

Campers will be monitored throughout the day for any signs or symptoms of illness.

If a camper is observed to possibly be ill or complains of illness that is not immediately explained by current conditions the Unit Leader will be immediately notified.

Youth who are potentially ill will:

- Be immediately removed from their group and brought to the Sick Person Isolation Area by the Unit Leader
- Their parent/caregiver will be informed and immediate pick-up required
- Youth who have not been diagnosed with COVID-19 must be free of symptoms of illness for 3 days prior to returning to camp, without the use of any fever reducing medications

Sick Person Isolation Area

Each day camp will have a dedicated sick person isolation area.

This location will:

- Be well ventilated
- Be supervised by two staff who can stay a minimum of 6 feet apart
- Be able to accommodate more than one youth at a distance of at least 6 feet apart
- have a full PPE kit available and easily cleaned mats for youth to lay on

Facilities and Equipment

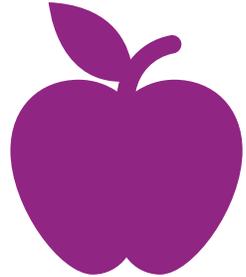
Day Camps will have reduced capacities. When in any space, social distancing guidelines of 6 feet will be in effect. A map of assigned camp spaces and traffic flows will be followed.

Camper Lunch/Snack Time Space

Campers will be served lunch as part of the day camp program at Camp Surf so you **will not** need to pack a lunch for them.

Additional practices to meet guidelines for COVID safety during meals include:

- Masks worn at all times except when actually sitting to eat
- Handwashing station in addition to hand sanitizer
- Split meal times to limit dining capacity
- Barrier between campers and food service staff
- Food and drinks served by staff
- Assigned seats for each group and camper
- Additional cleaning practices



Outdoor Athletic Spaces

Outdoor athletic spaces can include areas such as sports courts, soccer fields, gaga pits, grass fields, blacktops, etc. When utilizing these areas camp staff will maintain social distancing (within group and with other groups).

Activity considerations for athletics will consider:

- The travel of sports equipment (e.g. how far will balls travel when kicked and throw, trying to avoid them entering the other group's space)
- Games should still be interactive and entertaining while supporting social distancing. This can include, but is not limited to, strategies such as:
 - › Use pool noodles for tag games as a substitute for physical touching
 - › Adjusting the rules to create a new variant of the activity
 - › Practicing skills and drills rather than fully playing a game or sport
 - › Sectioning off areas with cones, hula hoops, or other markers to create spaces where only one player may enter

Equipment

All program equipment has been assessed for ease of disinfection. Articles that are difficult to sanitize have been taken out of circulation.

Equipment will be cleaned and disinfected:

- At mid-day and end of day
- Between each group usage
- Whenever it is visibly soiled/contaminated
- Whenever it is known to be contaminated (e.g. a youth sneezes or coughs on it or places it in their mouth)

Waterfront

All surfing, body boarding, and sand sculpting equipment will be cleaned and sanitized between each group use.

Restrooms

Restrooms are common usage

Guidelines for restroom usage include:

- Only one group at a time may be at the restrooms
- Only as many youth as stalls in the restroom may enter at a time
- Campers sanitize hands before entering the building and wash/sanitize upon exit.

Water Fountains/Jugs

Youth are required to bring re-usable water bottles.

Staff will control water dispensing and will sanitize the bottle fillers prior to the next use.

Beach Closure/Inclimate Weather Plan

When weather conditions are prohibitive to operating camp as scheduled alternate activities are planned. Social distancing policies will remain in effect.

Staff will reschedule activities for the affected time period to operate safely in a more limited space. This may necessitate less active recreation and more self-directed project-based activities.

Cleaning, Sanitizing and Disinfecting Guidelines

COVID-19 best practices will be in place. All surfaces will be treated using cleaning and disinfectants from EPA approved or authorized chemicals for COVID19, ensuring all chemical dwell-times are adhered to.

Staff will be trained in enhanced cleaning and sanitation techniques.

Special attention will be given to high-touch surfaces



Cleaning Kits

Each camp area will have a set of cleaning and disinfecting supplies in a lockable container and will include:

- EPA approved cleaning, sanitation, and disinfectant solutions
- Labeled spray bottles for cleaning, sanitizing, and disinfecting
- Disposable towels or wipes
- Disposable gloves

All cleaning products will be utilized according to the directions on the product label/SDS guide.

Staff will complete a log in accordance with the branch cleaning, sanitizing, and disinfecting schedule.

Guests

No unauthorized guests will be permitted to visit camp groups during the program day.

CAMP ACTIVITIES

General Safety Precautions:

Everyone will wash or sanitize their hands before activity

No more than one group at an activity. If multiple activities in an area, groups must remain at least 10 ft apart.

Games and activities should be as low contact or no contact as possible. No full body contact or games that involve things like tagging with hands, holding hands, linking elbows, or crawling under others.

All equipment handled by campers or staff (balls, frisbees, etc.) will be sprayed with disinfectant and wiped down after each activity.

Commonly touched surfaces (gaga pit ledges, gate latches or handles, etc.) will be wiped down after use.

Everyone will wash or sanitize their hands after activity.

Many recreational games and sports will be modified. Each one will be assessed for:

- Youth can play without physically touching each other
- Hands can easily be washed prior
- Equipment can be easily cleaned and disinfected
- Youth do not need to be in constant close proximity to each other
- The activity can still be fun with 12 or fewer participants
- The activity can be played/done in boundaries that will not encroach on another group’s space

For passive activities:

Materials will be handed out to campers, rather than accessing from a central location.

Fewer youth than normal will be assigned per table or station.

Staff will minimize the use of shared materials between campers in the same small group.

Materials will be sanitized prior to being shared between groups.

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AN EVOLVING SITUATION

We have endeavored to include all relevant, current information for our adjusted day camp practices in response to the COVID-19 pandemic. However, this document is not intended to be all inclusive and regulations, recommendations, and information are constantly evolving. Our practices will be adjusted accordingly as new information becomes available.



The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.