



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPPORTUNITIES TO THRIVE

THE WELL-BEING OF OUR CHILDREN | YMCA COMMUNITY SUPPORT SERVICES

WHAT CHILDREN NEED TO THRIVE ACCORDING TO ANNIE E. CASEY FOUNDATION



Economic Well-Being



Education



Health



Family & Community



STATE TRENDS

“California ranked 36 out of 50 in overall child well-being – the result of placing in the bottom 25% of all domains but health.”

– Annie E. Casey Foundation, 2018 Kids Data Count Book

YMCA Community Support Services addresses these domains, using prevention and intervention to lift families to sustained self-sufficiency, reaching families at all stages of youth development so no one – regardless of their circumstances – suffers the consequences of poverty or inequality.

DOMAIN: ECONOMIC WELL-BEING

Community Solution: Increase Economic Stability and Mobility Opportunities among Vulnerable Populations.

California Data

Ranked 46th
nationally in economic well-being domain

CA families spend 44% of income on housing – highest in the nation

9% of San Diego young adults are not in school or working*
(Source: San Diego Workforce Partnership)

Why It Matters

- Employment insecurity and loss of income negatively effect relationships and daily living and limit a family’s ability to invest in resources that nurture child development.
- As a result, children are not given the proper foundation to succeed academically, professionally, and socially.

The Y’s Response

Provided subsidized child care to **5265 families** so parents can continue to earn a living.

97% of youth in our transitional housing programs improved independent living skills, job readiness, and financial management.

92% of youth in YMCA workforce readiness programs improved their employment status.



Our Recommendations

Connect youth with meaningful career prospects, tools, and skills to maintain financial stability.

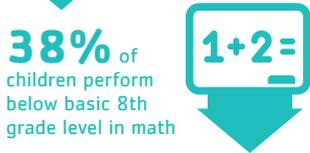
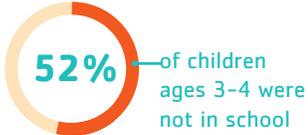
Empower and enable families to remain in the workforce and build career mobility.

Support service providers with training and technical assistance to guide families and youth in career tracks to gain financial mobility.

DOMAIN: EDUCATION

Community Solution: Increase Access to Quality Early Learning and Quality Out-of-School Time Care

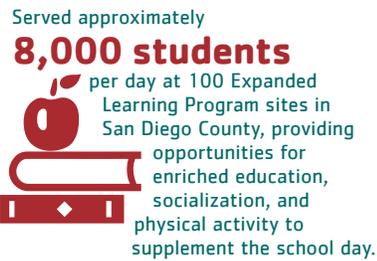
California Data



Why It Matters

- High quality pre-school programs lay the foundation for a lifetime of success, and academic performance in 4th and 8th grade represent key developmental milestones that dictate a child's ability to continue on that path.
- Students who are not on track to graduate on time are less likely to make healthy and safe decisions, less likely to pursue further education and training, and less likely to increase earning potential.

The Y's Response



Our Recommendations

Guarantee access to high-quality early learning and out-of-school time care that empowers youth to reach their full potential

Provide information and access to quality care that enables families to provide for their children and be their child's most important teachers.

Facilitate access to education, training, and technical assistance to improve care provider services and increase wages for education professionals to improve retention in the field.

DOMAIN: FAMILY & COMMUNITY

Community Solution: Enhance Child and Young Adult Mental and Behavioral Health Services

California Data

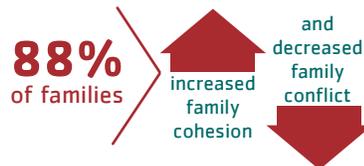


Why It Matters

- Single-parent families are nearly 5 times more likely to live below the poverty line.
- Parents who have not graduated from high school limit their economic potential and may subject their children to disadvantages including health problems, and insufficient preparedness for school.
- Poverty exacts a toll on families, putting pressure on parents in ways that disrupt effective parenting, lead to conflict, and have a long-term effect on a child's socio-emotional development.

The Y's Response

Emergency Shelter Program for Young Adults



Behavior Support for Young Children

15 classroom sites learned how to address challenging behaviors of **51 students** struggling with trauma or family conflict.

Individualized Behavior Support and coaching to parents for **101 children** to help manage challenging behaviors.

Our Recommendations

Guarantee access to school- and community-based mental/behavioral health and psychiatric support and treatment services, regardless of insurance restrictions or severity of symptom.

Limit financial and logistical burdens on families so children can fully utilize all available mental and behavioral health services.

Increase access to mental and behavioral health training and technical assistance so professionals can best support children in their care.