



OUR MISSION

The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.

DID YOU KNOW...

READY. SET. SUMMER! **Summer Day Camps**

Summer Camps are right around the corner. From Traditional camper can have the best summer ever! Camp guides are now available online.

Priority Member Registration Opens: February 29 General Registration Opens: March 7

MAR 7 7:00-10:00am **GIVING RUN SERIES #3 -**HALF MARATHON/5K RUNNING CLUB EVENT

MT. MIGUEL PARK

Join the South Bay Family YMCA Trail Running Club as they host a Half Marathon/5K Run benefiting the 2020 Annual Campaign. Pick up an informational flyer for registration and route information. **Donations** are encouraged.

ΜΔΡ 17

YAA ST. PATRICK'S DAY BUNKO SOCIAL

11:30am-12:30pm SOUTH BAY FAMILY YMCA MULTI-PURPOSE ROOM

Join your fellow YMCA Active Adults for a special game day as we celebrate St. Patrick's Day playing Bunko. Play to score some fun prizes and meet new friends. No experience necessary. FREE for members & guests

MAR 14 DRIVE. CHIP. PUTT GOLF CHALLENGE

9:00am-12:00pm CHULA VISTA GOLF COURSE

Test your skills at the Drive, Chip, Putt Challenge, a fundraising event hosted by the Chula Vista Golf Course. All proceeds will support the YMCAs Annual Campaign. Suggested Donations: \$20 (Ages 8-17) | \$30 (Ages 18+)

MAR 17

FIND THE LEPRECHAUN

EASTLAKE YMCA & SOUTH BAY FAMILY YMCA

Find the hidden leprechauns throughout the facility and members will receive a free Y t-shirt. FREE for members

MAR 20

FAMILY GAME NIGHT

SOUTH BAY FAMILY YMCA MULTI-PURPOSE ROOM 6:00-8:00pm

Let the games begin! Grab the whole family and join us for a night of fun playing board games, life-sized games and spending quality time together. Free popcorn will be provided. FREE for members

KIDS FIREFIGHTER CHALLENGE

10:00am-1:00pm FIRE STATION #4 (Across from the South Bay Y)

Let your child be a hero for a day! Join us for this fun-filled event where your child can experience what it's like to be a firefighter. They will use fire hoses, crawl through a training structure, watch a K-9 Unit demonstration and learn about fire safety. All proceeds will support the YMCAs Annual Campaign. Suggested donation: \$10 per participant

SPRING BREAK CAMP

CHULA VISTA HILLS ELEMENTARY SCHOOL

March 23-27 & March 30-April 3

Our Spring Day camps run the last two weeks of March through April 3. Our Camps support youth in making new friends, achieving goals and feeling a special sense of belonging. Camps are also full of fun and adventure. Specialty Camp offerings include Gymnastics, Laser Tag, Ooey Gooey Science and more. Scholarships are available. Visit YMCASD.org or the Welcome Center for information.

PEE WEE SPORTS

MARCH 7-APRIL 11

Join the team! Our Pee Wee sports programs introduce kids ages 3-5 to the basic skills of the game in a positive, fun environment. Choose from T-ball, Basketball, Soccer, Track & Field and more. Visit YMCASD.org or the Welcome Center for information. Members: \$52 | Participants: \$69

TRAIL RUNNING CLUB SEASON BEGINS

SOUTH BAY FAMILY YMCA

MARCH 17 | 6:00PM

If your goal is to train for a race or to improve your overall fitness, join our South Bay Y Trail Running Club. The club meets every Tuesday at 6:00pm. Participants must feel comfortable running 3-6 miles round trip. Please bring water and a workout towel. **FREE for members & participants**

FREOUENT Y'ER

Visit the Y 12 times in the month of March and enter to win one FREE month of membership! Pick up your Frequent Y'er Card at the Welcome Center.

KNOW YOUR TAX BENEFITS

You may be eligible for free tax preparation services either online or in person or to receive certain credits, such as the federal EITC or state credit CalEITC. We are partnering with 211 San Diego to ensure our members and participants take full advantage of this opportunity. To see if you qualify, Call 2-1-1 from any phone or visit www.211sandiego.org.

CENSUS 2020

The next Census is in Spring 2020. Let's ensure all Californians are counted so we can put those resources to good use here at home! The data collected will help build schools and roads, create jobs, improve housing and fund community programs for seniors, children and families. The more individuals who are represented in the Census, the more funding your community receives. For more information, visit CountMe2020.org.