



CAMERON FAMILY YMCA Gymnastics



*If you are new to our program - this level requires in person evaluation

Note: we require a minimum of 3 kids per class

CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Parent/Child	15 - 35 months						9:15 - 10:00
Preschool Gymnastics	3 - 5	9:15 - 10:00	9:15 - 10:00 4:15 - 5:00 5:15 - 6:00		4:15 - 5:00		10:15 - 11:00
Little Ninjas	3 - 5						11:00 - 11:45
Hotshots 1*	3 - 5	10:00 - 10:55 5:30 - 6:25	10:00 - 10:55	3:00 - 3:55			
Hotshots 2*	4 - 6	4:30 - 5:25	10:00 - 10:55			5:00 - 5:55	10:00 - 10:55
Hotshots 3*	4 - 6					3:30 - 4:55	
Girls Beginner	5 - 12	4:00 - 4:55 6:00 - 6:55		4:00 - 4:55 6:00 - 6:55	4:30 - 5:25 6:00 - 6:55	4:30 - 5:25	9:00 - 9:55 12:00 - 12:55
Girls Level 1*	5 - 12	4:00 - 4:55 5:00 - 5:55		5:00 - 5:55	4:00 - 4:55 5:00 - 5:55	5:30 - 6:25	
Girls Level 2*	6 - 12	5:00 - 6:25	5:30 - 6:55	3:30 - 4:55	5:30 - 6:55		
Girls Level 3*	6 - 12	5:00 - 6:55		5:00 - 6:55			10:00 - 11:55
Boys Beginner	5 - 12		4:00 - 4:55 5:00 - 5:55				
Boys Level 1*	5 - 12		4:00 - 4:55 5:00 - 5:55			5:30 - 6:25	
Boys Level 2*	6 - 12					4:00 - 5:25	
OPEN GYM	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Preschool Open Gym	0 - 7	11:00 - 11:55					12:00 - 12:55
Adult Open Gym	13 & Up			7:00 - 7:55			