



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# OUR COMMITMENT TO QUALITY

## FAMILY CHILD CARE PROVIDERS | YMCA CHILDCARE RESOURCE SERVICE

### CHILD CARE SNAPSHOT: SAN DIEGO COUNTY

#### Average Cost of Care:

Full-time infant care: \$15,513

Full-time preschool: \$10,807<sup>1</sup>

**44%** of children with working parents did not have a child care spot in 2017<sup>2</sup>



Family Child Care accounts for **38%** of the local licensed child care capacity

**62%**

of low-income families use their child care vouchers in family child care homes.

**3,458**

Family Child Care Homes (FCCHs) in San Diego County<sup>2</sup>



### THE Y's RESPONSE

YMCA Childcare Resource Service believes all families should have access to affordable, quality child care to ensure our youngest community members are set on an optimal developmental trajectory while their parents can maintain employment that contributes to the family's economic stability and mobility.

We support family child care providers who are an essential piece of the early care infrastructure but are not included in broader efforts to improve the quality of the care they provide for children.



### ABOUT THE YMCA OF SAN DIEGO COUNTY

Every day, the Y strengthens communities for kids, adults, seniors and families with programs that protect, teach, connect, heal, nourish and encourage. It's how we help communities find the power of their full potential.

As the largest YMCA Association in the nation, 1 out of every 8 community members and 1 out of every 5 children come to the YMCA of San Diego County for the programs and services offered. We focus our work in three primary areas: Youth Development, Healthy Living, and Social Responsibility. We focus on youth development, healthy living, and social responsibility to help vulnerable families build resilience for overall well-being.

We use prevention and intervention to lift families to sustained self-sufficiency, touching families at all stages of youth development so no one – regardless of their circumstances – suffers the consequences of poverty or inequality.

### OUR IMPACT

In the words of our providers:

"I want to personally thank you. Because of this coaching and trainings, my childcare, my family, my children and their parents have all benefited from this...We have applied all this knowledge, trainings and it has given us such rewarding and amazing results. I would love to have more coaching and trainings to continue to grow and excel in my childcare business and...quality care for my children."

I am committed to provide high-quality early-childhood education to my community and really thankful to the QRIS for providing me with tools, trainings and assessments to use them in my effort to support my community with the best education.

"I am very thankful for this training and the coaching I have been provided. I'm hoping this continues as it is a great learning tool for me as a provider and for my children I care for. It has prepared me to be more involved and more engaged with the kids and their needs. Thank you again."

<sup>1</sup> California Child Care Resource & Referral Network, 2017 Child Care Portfolio

<sup>2</sup> Caster Center for Nonprofit and Philanthropic Research, A Study of San Diego County Local Child Care Needs and Barriers, May 2018

The San Diego Quality Preschool Initiative (SDQPI), is a standard approach to assessing, improving and communicating quality in early care and education programs. Participation at any level demonstrates a commitment to quality, and programs rated a 4 or 5, on a scale of 5, have many practices to support high-quality care for children.

However, due to funding limitations, a majority of Family Child Care Homes (FCCs) have not received targeted guidance to improve the quality of their services.

Strategic investments from community partners is currently the only way FCCs can access comprehensive support to improve their quality.

**"INVESTING IN QUALITY  
EARLY LEARNING IS  
CRITICAL TO ENSURING THE  
LONG-TERM SUCCESS OF  
CHILDREN IN SCHOOL AND  
BEYOND."  
—The Heckman Equation**

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## THE Y's RESPONSE

Expanding quality rating efforts to family child care providers yields multiple benefits for our community:

**Children:** Quality in early learning involves a keen understanding of a young child's brain, effective interpersonal interactions to nurture meaningful relationships, healthy eating and physical activity, and screenings to identify any developmental or behavioral challenges in its early stages. Our approach fosters the optimal development of young children so they reach their fullest potential and enter kindergarten ready to learn and thrive.

**Working Parents:** Increasing access to quality child care settings allows all parents to maintain employment and increase their earning potential while their children are given the best foundation to succeed in school and life. FCCs often serve low-income families who work non-traditional hours and cannot afford to enroll their children in licensed care centers. Our work with FCCs ensures all families have opportunities to remain in the workforce and prepare their children for academic success that can break cycles of poverty.

**Providers:** Family child care providers play a critical role in the development of young children. The environments they create, interactions they provide, and knowledge they bring to their work can impact a child's ability to thrive in school and develop healthy physical and emotional behaviors. When providers have access to the training and support to improve the quality of their care, they are transformed into change agents on the front lines of the early care and education field.



**Learn more about  
YMCA CHILDCARE RESOURCE SERVICE**

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## OUR MISSION

The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.