



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BRING ON

SUMMER



2021

Summer Camp Guide
CAMERON FAMILY YMCA

ABOVE AND BEYOND

The YMCA of San Diego County has been serving families for the past 138 years. Together, we've seen our share of challenges, and the COVID-19 pandemic continues to be one we're facing together.

We continue to work with federal, state and local officials, as well as the American Camp Association and Y-USA experts, on protective measures to ensure a safe environment for all. These include but are not limited to:

- Daily temperature checks for all campers and staff
- Social distancing
- Frequent hand washing
- Enhanced sanitizing practices
- Stable camp groups
- Limited to zero interactions with other camp groups

While camp may look different this year, the fun, educational and energetic experience you've come to expect from our Y camps will remain the same.

Our camps are ACA Accredited

The American Camp Association is the only nationwide organization that accredits children's camps. The ACA Accreditation process is a commitment by camps to the highest standards of health, safety and program quality. Accreditation requirements include a focus on staff qualifications, training, supervision ratios and procedures, as well as operational management including safety regulations and emergency procedures and communications.



Camp Ratios:

- Age 5 - 1 staff to 6 children
- Ages 6 to 8 - 1 staff to 8 children
- Ages 9 to 14 - 1 staff to 10 children
- Ages 15 to 18 - 1 staff to 12 teens



HERE'S WHAT PARENTS HAVE TO SAY....

"My son attended four camps this year and he was excited to get up and go every time. Thanks for having enthusiastic counselors and phenomenal leaders. Keep up the great work."



"The counselor made my daughter feel very comfortable on her first day, her first time at a day camp. The counselors seemed well trained, coordinated and focused on keeping the kids engaged to have a positive experience. We will be back. She told me she is excited for her sister to be with her next year. Thanks!"



IMPORTANT CAMP INFORMATION

CONVENIENT CAMP LOCATION

CAMERON FAMILY YMCA
10123 Riverwalk Dr, Santee, CA 92071
ymcasd.org/cameroncamp

CAMP HOURS

Half-day camp hours: 8:00am – 12:00pm
Full-day camp hours: 8:00am – 4:30pm

CONTACT INFORMATION

CAMP DIRECTOR
Tabatha Valencia
tmvalencia@ymcasd.org
619-449-9622 ext. 12307

YMCA CALL CENTER
For registration and general inquires:
858-514-4411



OUR CAMP STAFF

We take pride in hiring the best people to fill our camp staff. Each camp leader was hand selected through an extensive hiring process to ensure the safest environment for everyone.

Our training program includes:

- CPR and First Aid certification
- Behavior guidance and trauma informed care
- Child protection and abuse prevention
- General risk management and prevention
- Support campers with special needs
- Pool safety
- Heat and sun protection safety
- COVID-19 health and safety procedures

SKIP THE LINE, REGISTER ONLINE! • ymcasd.org/cameroncamp

EASY WAYS TO REGISTER

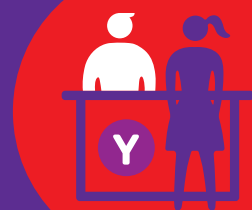
1



REGISTER ONLINE

Visit us online at ymcasd.org/cameroncamp

2



REGISTER IN PERSON

Walk in to the **Welcome Center** at your branch

3



REGISTER BY PHONE

Call our **Call Center:** (858) 514-4411

All enrollments are subject to availability, and registrations are not guaranteed.

What are TRADITIONAL CAMPS?

Traditional camps are ultra-spirited, fun-filled camps with weekly themes that guide activities for the week. New experiences, skill building, a sense of community and lasting friendships are all part of traditional day camp experience.



What are SPECIALTY CAMPS?

Does your child have a specific interest or hobby? Are you looking for a camp that specializes in sports or STEM? Browse through the specialty camps section for camps that combine the traditional fun of YMCA day camps with the more specialized skills by providers or YMCA experts.

GET IN THE SPIRIT!

2021 CAMP THEMES

Dress up for the weekly theme every **WEDNESDAY!**

- June 21–June 25: Aloha Summer
- June 28–July 2: Twinning
- July 5–July 9: Crazy Camp Colors
- July 12–July 16: Sports Jersey
- July 19–July 23: Disney
- July 26–July 30: Crazy Hair
- Aug 2–Aug 6: Superheroes
- Aug 9–Aug 13: Pajama Day
- Aug 16–Aug 20: Mix and Match

SUMMER 2021	CAMP FEES Member Price/ Participant Price	AGES	JUNE 21-25	JUNE 28-JULY 2	JULY 6-9*	JULY 12-16	JULY 19-23	JULY 26-30	AUGUST 2-6	AUGUST 9-13	AUGUST 16-20
			TRADITIONAL CAMPS	TRADITIONAL CAMPS	TRADITIONAL CAMPS	TRADITIONAL CAMPS	TRADITIONAL CAMPS	TRADITIONAL CAMPS	TRADITIONAL CAMPS	TRADITIONAL CAMPS	TRADITIONAL CAMPS
Challengers	\$225 \$265	10-13	Y	Y	*	Y	Y	Y	Y	Y	Y
Frontiers	\$225 \$265	8-10	Y	Y	*	Y	Y	Y	Y	Y	Y
Half Day	\$219 \$253	5-6	Y	Y	*	Y	Y	Y	Y	Y	Y
LIT Fieldwork	\$108 \$128	13-17		Y	*	Y	Y	Y	Y	Y	Y
LIT Training Course	\$201 \$236	13-17	Y	Y							
Pioneers	\$225 \$265	5-6	Y	Y	*	Y	Y	Y	Y	Y	Y
SPECIALTY CAMPS											
Art	\$257 \$302	6-8		Y						Y	
Art	\$257 \$302	9-13					Y				
Cheer & Dance	\$245 \$281	5-7	Y								
Cheer & Dance	\$245 \$281	8-10				Y					
Cheer & Dance	\$245 \$281	6-8								Y	
Gym & Swim	\$271 \$312	6-13	Y	Y	*	Y	Y	Y	Y		
Jr. Life Guard	\$271 \$312	8-12		Y					Y		
Multi-Sport	\$203 \$233	6-8			Y						
Multi-Sport	\$245 \$281	10-13						Y			
Musical Theatre	\$245 \$281	8-10			*		Y				
Splash Camp	\$257 \$302	5-13	Y	Y	*	Y	Y	Y	Y	Y	
Weird Science	\$257 \$302	7-10				Y					

*prorated rate for these weeks



**SKIP THE LINE,
REGISTER ONLINE!**
ymcasd.org/cameroncamp

IMPORTANT CAMP INFORMATION

PAYMENT METHOD

Paying for camp is easy! Log online to pay your camp balance or stop by at our front desk.

Two payment options are available for your convenience:

- 1. Pay now:** Pay your full balance, including a \$50 nonrefundable deposit per camp week.
- 2. Pay later:** Pay an up-front \$50 nonrefundable deposit per camp week. The remainder of the balance will be due seven days before the first day of camp. Please note you will not be mailed an invoice. A balance due email will be sent to the email address you provide in your registration application.

It saves to pay early!

Full camp balances are due one week prior to the start of each camp. An additional \$25 will be added to unpaid balances starting the Tuesday before camp. Your camper may lose their place in our roster if the balance isn't paid.

A medical release/liability waiver must be submitted during the registration process.



DROP-OFF/ SIGN-OUT PROCEDURES

To ensure an efficient drop-off process, please make sure you follow all posted drop-off instructions. A signature from a parent, guardian or authorized adult is required in our daily sign-in sheet for your child to participate in camp activities. For late arrivals, plan for a delay between arriving and your camper being checked in by a staff member and escorted to their camp.

Only parents, guardians and/or caregivers over the age of 18 are authorized to sign a camper in and out of our camp programs. If you need to add a person to your authorized pick-up list, please make sure this is documented with our camp staff. All adults picking up a camper are required to present a government issued photo ID.



IMPORTANT CAMP INFORMATION

CANCELLATION POLICY

We understand circumstances change and that you may need to revisit your camp options.

Cancellation: Cancellation requests received prior to the start of the camp week will receive a 100-percent refund or Y-voucher minus the deposit. Requests received the first day of camp will receive a 75-percent refund or Y-voucher minus the deposit and camp vendor fees.* Additional service fees may be applied to credit card refunds. Refunds and Y-vouchers are not given if the cancellation request is received after the first day of camp. Missed camp and/or sick days are not eligible to receive refunds or Y-vouchers.

*Certain branches and camps may have specific cancellation requirements outside of our general policy. Please check with your camp director to confirm a specific camp's cancellation requirement.

Y-Vouchers: Y-vouchers do not expire and are valid for any program at all YMCA locations in San Diego County. Y-vouchers can be transferred to another member of your family or friend.

Transfer Request: Transfer requests are accepted, space permitted, before the start of camp. Camp fee differences must be paid at the time of transfer. All transfers are subject to availability. Due to COVID-19 procedures, transfers cannot be guaranteed after the start of the camp week.

A full list of our guidelines and policies can be found on our Day Camp Parent Manual. The Day Camp Parent Manual will be emailed to all participants.



MEDICATION

Should your camper need to take medication during the program, we will administer as directed. The following items are essential for us to dispense any medication:

- The medication will need to be checked in with a day camp staff. Please do not leave the medication with your camper, including over the counter medication, EpiPens, inhalers, creams, eye drops, etc.
- Medication must be in its original container with labeled prescription instructions.
- A completed Medication Release form must be signed and submitted.

FAQS

Do you offer financial assistance?

We offer financial assistance through our Access Scholarship Program to qualified applicants, ensuring everyone has the opportunity to learn, grow and thrive.

Apply at ymcasd.org/access or pick up a confidential application at our front desk. We also accept third party payments from agencies such as CDA, CRS, KINSHIP, and Cal-Works. To learn about or apply for state child care funding assistance, please visit childcaresandiego.com.

What are the hours of camp?

Our camp day runs from 8am-4:30pm, Monday-Friday. Drop-off is 8-9am and pick-up is 3:30-4:30pm.

What do I need to send my camper with each day?

We will supply the atmosphere for a great camp experience and ask that you send your camper with a lunch, at least two snacks, a water bottle, sunscreen, hat, a face covering and closed-toe shoes.

We recommend applying sunscreen before you get to camp and our camp staff will supply sunscreen to campers regularly throughout the day.

How will my camper be kept safe?

Daily health screens will be performed upon arrival. Campers will be placed in stable groups weekly. Within groups, we will maintain distancing as much as possible. Between groups, a minimum of 10 feet distance will be maintained.

Adults, campers and staff will be required to wear face coverings at sign-in and sign-out. At all other times we will follow CDC and county guidelines on when face coverings are needed

Staff will be trained in enhanced cleaning and sanitation procedures.

Camp activities, including recreational games and sports will be modified. Staff will minimize the use of shared materials between campers in the same small group.

Can you tell me more about camp fees and deposits?

A \$50 deposit is required for each week of camp. Deposits are non-refundable, non-transferable and are not subject to any discounts, promotions or financial assistance. Deposits are applied to the camp fee. Camp fees are the published rates in this brochure and are good up to the Monday before camp begins. Camp fees will increase \$25 for registrations received Tuesday or later for the following week.

To discuss payment options, please contact the Call Center.

When will information on the camp week be available?

Pre-camp emails will be sent out on the Thursday prior to the start of camp.

What does a typical camp day look like?*

8am-9am: Morning Drop off

9am-9:30am: Daily Orientation

9:30am-10:35: Activity Rotation #1

10:35am-11:50am: Activity Rotation #2

11:50am-12:30pm: Lunch

12:30pm-1:15pm: Activity Rotation #3

1:15pm-3pm: Activity Rotation #4

3pm-3:30pm: Spirit Stick

3:30pm-4:30pm: Camp Pick Up

*Times are subject to change

Most camps will spend 2 rotations focusing on their specialty activity. The additional 2 rotations that occur throughout the day are spent at our Activity Stations which include activities like arts and crafts, STEAM, songs, games and more!

A significant portion of the day is spent playing outside. Please make sure you apply sunscreen to your kids before dropping them off.

For more information about camp activities, visit our website for the online camp calendars.

JOIN US FOR OVERNIGHT FAMILY CAMPS!

CAMP MARSTON & CAMP SURF

Share a cabin or tent with your family at YMCA Camp Marston or Camp Surf and enjoy the fun and wonder of the outdoors together. With a variety of activities ranging from archery to arts and crafts, your family will have the ultimate camping experience. Visit us online to get further information on this incredible opportunity.

ymcasd.org/marston-retreat



ymcasd.org/surf-retreat



Visit us online for more FAQs.

BRING ON SUMMER 2021 CAMP DESCRIPTIONS

CAMERON FAMILY YMCA

Art Camp

Calling all creators! Campers will learn drawing techniques, begin basic sculpting projects, experiment with different painting techniques and develop an understanding of their own style. Campers should be prepared to come home with colors all over their hands and clothes as their imagination comes to life in this art camp.

Challengers

Join Y Day Camp for a week, or an entire summer of fun!

New experiences, skill building, a sense of community, and lasting friendships are all part of Traditional Day Camps. Trained camp leaders focus on caring, honesty, respect and responsibility in all of our activities to maximize fun during the day! Set in the YMCA style of different crazy activities and themes each week, your camper will participate in team building games, arts & crafts, science experiments, and more!

*Day campers will be divided into small groups by age, and will participate in activities appropriate to the interests and needs of their group.

Cheer & Dance

Two, four, six, eight! Our Cheer Camp is really GREAT!!! Calling all cheerleaders! Come smile, bounce, jump and dance your way through two and a half hours of cheer instruction and a choreographed dance routine. This camp proves to be full of spirit and teamwork for the ultimate dance experience. The squad will end their week with a final performance to showcase their talents!

Frontiers

New experiences, skill building, a sense of community, and lasting friendships are all part of Traditional Day Camps. Trained camp leaders focus on caring, honesty, respect and responsibility in all of our activities to maximize fun during

the day! Set in the YMCA style of different crazy activities and themes each week, your camper will participate in team building games, arts & crafts, science experiments, and more.

Gym & Swim

Fun you'll flip over! Campers will receive gymnastics lessons daily in the gymnastics center, and enjoy an afternoon of free swim in the City of Santee Aquatics center. Please pack sunscreen and a hat for protection from the sun, and gym appropriate clothing (no buttons or zippers please). Campers will also enjoy other fun games and activities all week long!

Half-Day Camp

Half-day camp is ideal for campers who want to pack in all the fun in half the time! Trained camp leaders focus on caring, honesty, respect and responsibility in all activities to maximize fun during the day!

Jr. Guard

In this interactive camp, campers will have the opportunity to learn from professional lifeguards. Students will gain a wide variety of skills and knowledge including water-rescue techniques, the importance of physical fitness, and other topics related to lifeguarding. This camp creates a valuable experience that builds self-confidence and skills for life.

LIT Day Camp

The YMCA's Leader in Training (LIT) is an excellent opportunity for teens to learn hands-on job experience and responsibilities, while still under the supervision of our camp staff team. Additionally, all hours completed within LIT Placement can be recorded as community service hours!

LIT Fieldwork

LIT Fieldwork is an opportunity for LITs who have successfully completed our training course to use their leadership skills in the field of camp and enjoy the rewards of working with the YMCA's incredible staff team. LITs will experience camp while assisting staff with daily activities and building valuable on-the-job experience that will help create a strong foundation for a career in recreation or childcare. Teens will be placed into age-appropriate camps prior to the start of placement week. Join our team in making a difference in the lives of many young campers this summer while earning volunteer service hours!

LIT Training Course

Within this program, teens learn leadership, group management skills, child development basics, and policies and procedures in relation to working with youth. Interacting with campers and representing the Y requires a certain level of maturity. For this reason, the Fieldwork program is selective. Upon completion of the L.I.T. Training Course, teens will be invited to participate in the fieldwork program. L.I.T.s will be required to follow the Y camp staff dress code: solid, non-denim pants or shorts, unaltered t-shirt; tennis shoes. Dress code and behavior expectations will be detailed during the training course. The program is designed for campers to enroll in at least one session of fieldwork upon completion of the training course.

For the safety of our campers and L.I.T.s, returning L.I.T.s must still enroll in an L.I.T. Training Course in order to be eligible for fieldwork. L.I.T.s may also receive a letter demonstrating their 35 hours of community service for each week of fieldwork that they complete.

Multi-Sport

Campers will be exposed to recreational skills building and fun games in soccer, flag football, swimming and more. Counselors will focus on sportsmanship and encourage all campers to try new sports. Become a true athlete!

Musical Theatre

Take to the stage in this theatre camp! This camp will take your campers through the various aspects of theatre, and through the many steps that go into creating a successful performance. This camp is a great way to build confidence and public speaking for your child, as well as laying the ground work for the success in the performing arts!

Pioneers

New experiences, skill building, a sense of community and lasting friendships are all part of traditional day camps. Trained camp leaders focus on caring, honesty, respect and responsibility in all of our activities to maximize fun during the day! In true YMCA fashion, with different activities and themes each week, your camper will participate in team-building games, arts and crafts, science experiments and more!

Splash Camp

Get your camper out of the house and diving into a YMCA Splash camp at the pool!

Aquatic Day Camps combine the traditional fun of YMCA day camps with a specialized focus on skills and learning related to aquatic activities.

Whether your camper is swimming with friends or making waves at the pool, these fun camps are perfect for anyone who loves the water — whether they are a fantastic swimmer or just getting started.

Weird Science

Ever Eaten your science experiment? Like creating chemical reactions? This camp is sure to peak camper's curiosity and imagination through fun, hands-on experiments. Enjoy delicious edible slime, experiment with elephant toothpaste, and make a quicksand pit and much more! There is no doubt this will be a "weird" week of fun!

DON'T FORGET TO BRING THESE ITEMS EVERY DAY:

- Non-perishable lunch and snacks for morning and afternoon
- All items must be nut free including: peanuts, walnuts, cashews, Nutella, etc.
- Large refillable water bottle
- Sunscreen
- Backpack to easily carry all items without assistance

PLEASE NOTE: Make sure to label all packed items — unclaimed lost and found items are donated every two weeks.

Learn more about Day Camp at Cameron Family YMCA.



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Santee, CA 92071

For more information:
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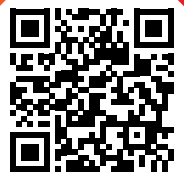
BRING ON SUMMER



LIKE US ON FACEBOOK!
facebook.com/cameronfamilyymca

FOLLOW US ON INSTAGRAM!
[@cameronymca](https://instagram.com/cameronymca)

REGISTER TODAY!



OUR MISSION: The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.