



POOL SCHEDULE SOUTH BAY FAMILY YMCA

COMPETITION POOL & SPA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Lap Swim ((5) 6:05AM-12:00PM Water Ex 7-8am 2 lap lanes	Lap Swim (5) 6:05AM-12PM Closed 12-3pm Lap Swim 3-4pm (5)	Lap Swim (11) 6:05AM-12:00PM Water Ex 7-8am 2 lap lanes	Lap Swim (11) 6:05AM-6:00PM Closed 12-3pm Lap Swim (5) 3-4pm	Lap Swim (11) 6:05AM-11:00PM Water Ex 7-8am 2 lap lanes Closed 12-3pm	Lap Swim (4) 8:05AM-1:00PM Spa Closed for Cleaning	CLOSED
7:00AM							
8:00AM							
9:00AM							
10:00AM							
11:00AM							
12:00PM	Closed 12-3pm		Closed 12-3pm				
1:00PM	Lap Swim (5) 3-4pm		Lap Swim (5) 3-4pm		Lap Swim (5) 3-4pm		
2:00PM							
3:00PM							
4:00PM							
5:00PM							
6:00PM	Lessons/Team 4-8pm 1-2 lanes	Lessons/Team 4-8pm 1-2 lanes	Lessons/Team 4-8pm 1-2 lanes	Lessons/Team 4-8pm 1-2 lanes	Lessons/Team 4-8pm 1-2 lanes		
7:00PM							
8:00PM							

SPLASH PAD

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM	9-11AM	9-11AM	9-11AM	9-11AM	CLOSED	9AM-1PM	CLOSED
7:00AM							
8:00AM							
9:00AM							
10:00AM							
11:00AM							
12:00PM							
1:00PM			4-7PM		4-7PM		CLOSED
2:00PM	CLOSED	CLOSED		CLOSED			
3:00PM							
4:00PM							
5:00PM							
6:00PM							
7:00PM							
8:00PM							

* Schedule subject to change