



TOBY WELLS YMCA Gymnastics



**If you are new to our program - this level requires in person evaluation*

Note: we require a minimum of 3 kids per class

| CLASS | AGES | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------------------|----------------|--|--|--|---|----------------------------|---|
| Parent/Child | 15 - 35 months | 10:00 - 10:45 | 9:00 - 9:45 10:00 - 10:45 | 9:00 - 9:45 11:00 - 11:45 | | | |
| Preschool Gymnastics | 3 - 4 | 9:00 - 9:45 10:00 - 10:45 4:30 - 5:15 5:30 - 6:15 | 9:00 - 9:45 10:00 - 10:45 3:00 - 3:45 4:00 - 4:45 | 9:00 - 9:45 10:00 - 10:45 4:30 - 5:15 5:30 - 6:15 | 3:00 - 3:45 4:00 - 4:45 | | 9:00 - 9:45 10:00 - 10:45 11:00 - 11:45 |
| Little Ninjas | 3 - 5 | 10:00 - 10:45 | 3:30 - 4:15 | 10:00 - 10:45 2:30 - 3:15 | 3:30 - 4:15 5:30 - 6:15 | | 10:00 - 10:45 11:00 - 11:45 |
| Hotshots 2* | 3 - 5 | 9:00 - 9:55 | 5:00 - 5:55 | 11:00 - 11:55 | 5:00 - 5:55 | | 12:00 - 12:55 |
| Girls Beginner | 5 - 7 | 3:30 - 4:25 4:30 - 5:25 | 3:30 - 4:25 5:30 - 6:25 | 2:30 - 3:25 3:30 - 4:25 4:30 - 5:25 | 2:30 - 3:25 3:30 - 4:25 5:30 - 6:25 | 3:30 - 4:25 4:30 - 5:25 | 9:00 - 9:55 11:00 - 11:55 |
| Girls Beginner | 7 - 12 | 5:30 - 6:25 6:00 - 6:55 | 4:30 - 5:25 5:30 - 6:25 | 5:30 - 6:25 6:00 - 6:55 | 4:30 - 5:25 6:00 - 6:55 | | 10:00 - 10:55 12:00 - 12:55 |
| Girls Level 1* | 5 - 13 | 3:30 - 4:25 5:00 - 5:55 | 3:30 - 4:25 4:00 - 4:55 | 4:30 - 5:25 5:00 - 5:55 | 5:00 - 5:55 6:00 - 6:55 | 5:00 - 5:55 | 9:00 - 9:55 11:30 - 12:25 |
| Girls Level 2* | 6 - 13 | 3:30 - 4:55 | 4:30 - 5:55 | 3:30 - 4:55 | 4:30 - 5:55 | 3:30 - 4:55 | 10:00 - 11:25 |
| Girls Level 3* | 6 - 17 | | 5:30 - 7:25 | | | | 8:00 - 9:55 |
| Girls Advanced Noncompetitive* | 6 - 17 | 4:30 - 6:25 | | | | | 8:00 - 9:55 |
| Boys Beginner | 5 - 7 | 3:30 - 4:25 | 4:30 - 5:25 | 3:30 - 4:25 | 4:30 - 5:25 | | 9:00 - 9:55 |
| Boys Beginner | 7 - 12 | | 6:30 - 7:25 | | 4:00 - 4:55 | | 10:00 - 10:55 |
| Boys Level 1* | 6 - 12 | 3:30 - 4:25 | 6:30 - 7:25 | 3:30 - 4:25 | 4:00 - 4:55 | | 10:00 - 10:55 |
| Boys Level 2* | 6 - 12 | | 5:00 - 6:25 | | 5:00 - 6:25 | | |
| Parkour Beginner | 5 - 7 | | 3:30 - 4:25 | 4:30 - 5:25 | 4:30 - 5:25 | 5:30 - 6:25 | |
| Parkour Beginner | 7 - 12 | | | | 3:30 - 4:25 5:30 - 6:25 | | 12:00 - 12:55 |
| Tumbling Beginner | 7 - 17 | 5:00 - 5:55 | | | | | |
| Adaptive Gymnastics | 7 - 12 | | 6:30 - 7:25 | | | | |
| OPEN GYM | AGES | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| Preschool Open Gym | 1-4 | | | | 11:00 - 11:45 | | |
| Adult Open Gym | 16-99 | | | | 7:00 - 8:00 | | |