



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MISSION

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION

To be the catalyst to transform lives and communities.

OPEN HEARTS. OPEN DOORS.

2023 Annual Campaign | EAST COUNTY FAMILY YMCA'S

THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

OUR IMPACT

As a leading nonprofit, our Y's are making a positive and lasting difference in the lives of East County's youth, seniors and families.

30,653
community
members annually

COMMUNITY NEED

\$255,000 to provide equitable access to
YMCA memberships, programs, and services.



OPENING OUR DOORS TO:

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT



ENSURING ACCESS FOR ALL



CREATING HEALTH EQUITY

2,165
scholarships

provided to families, teens, seniors and children at the Cameron, Davis and McGrath YMCAs.

SUPPORTING MENTAL HEALTH

1,581
seniors

are developing meaningful connections through land and water group exercise classes.

NURTURING YOUTH DEVELOPMENT

700
youth gymnasts

building strong bones while also improving personal discipline, coordination and enjoying a lifetime love for a sport.

YOUR SUPPORT MATTERS >>> ymcasd.org/eastcountygive

TESTIMONIAL

LiveStrong was a wonderful experience. Sharing personal recovery with others taught me to be grateful and to appreciate my own journey. I also gained strength, flexibility and confidence. Very grateful for LiveStrong and its wonderful leaders who were always there to encourage and teach.



GIVE.



VOLUNTEER.



SCAN QR CODE



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