



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MISSION

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION

To be the catalyst to transform lives and communities.

OPEN HEARTS. **OPEN DOORS.**

2023 Annual Campaign | MISSION VALLEY FAMILY YMCA

THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

OUR IMPACT

As a leading nonprofit, our Y is making a difference in the lives of

25,573

community members annually through our programs and services

COMMUNITY NEED

\$425,000 to provide equitable access to all through 2,000+ memberships and program scholarships annually.



OPENING OUR DOORS TO:

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT



ENSURING ACCESS FOR ALL



CREATING HEALTH EQUITY

48

cancer survivors

will get access to LIVESTRONG at the YMCA 12-week physical fitness and emotional support program.

SUPPORTING MENTAL HEALTH

800+

staffing hours

to provide children with special needs 1 on 1 inclusion support so they can actively participate in camp and enrichment at no additional cost to their family.

NURTURING YOUTH DEVELOPMENT

75

5th-8th grade students

will engage in a 5-week summer learning program at no cost, building academic achievement and self confidence to provide a path to higher education.

YOUR SUPPORT MATTERS >>> ymcasd.org/missionvalleygive

TESTIMONIAL

It is with great pleasure and pride that I expand on why the YMCA is instrumental in keeping our family safe, happy, and healthy. A good childcare provider is more than having someone to watch my child so that I have the opportunity to work. Having good childcare is a weight off of my shoulders. Having the great childcare that the YMCA has given us, is a gift to us of immeasurable solace at this stage in our lives. I understand deeply the beneficial effects of well-planned, enriching activities, in a warm, and caring environment. Covid has upset so much of what helps children grow. The Y is a place that cares for him, showing him his value. He is not only seen, but his presence is also appreciated, and not viewed as a burden. The high-quality staff, activities, and positive energy, make this an idyllic place for my child. Thank you, YMCA for giving us a place that is only second best to being at home together.



GIVE.



VOLUNTEER.



SHARE. >>>>

SCAN QR CODE

