



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**MISSION**

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

**VISION**

To be the catalyst to transform lives and communities.

# OPEN HEARTS. OPEN DOORS.

## 2023 Annual Campaign | RANCHO FAMILY YMCA

THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

**OUR IMPACT**

**8,446**

**community members** are served annually through our programs and services.

**COMMUNITY NEED**

**\$152,000**

**to provide equitable access** to YMCA memberships, programs, and services.

**OPENING OUR DOORS TO:**

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT



## ENSURING ACCESS FOR ALL



**CREATING HEALTH EQUITY**

Our LiveSTRONG program has helped

**80**

**cancer survivors** find normalcy support and wellness.

**SUPPORTING MENTAL HEALTH**

**1 in 5**

**of our members and program participants** received scholarship last year, benefiting their social, emotional and physical health.

**NURTURING YOUTH DEVELOPMENT**

**\$23,000**

**was invested in our youth programs** to provide one on one inclusion support to program participants at no additional cost to the families.

## YOUR SUPPORT MATTERS >>> [ymcasd.org/ranchogive](https://ymcasd.org/ranchogive)



**IMPACT HIGHLIGHT**

Our Annual Campaign supports groups like Community Interface Services, a local agency that provides person-centered services to children and adults with developmental disabilities. They come to our Y to have meaningful social interactions while also improving their physical well-being. The resource counselor, Eileen, expressed “[the Y] is such a meaningful site to have in our schedule. Our group always feels accomplished after attending twice a week and the staff are always so friendly”. One of the adults, Angie, who has been attending for months, loves working out on the treadmill, rowing machine, and more! Access to the Y allows these adults to be independent, grow, and feel included in our local community.

**GIVE.**



**VOLUNTEER.**



**SCAN QR CODE**



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