



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**MISSION**

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

**VISION**

To be the catalyst to transform lives and communities.

# OPEN HEARTS. OPEN DOORS.

## 2023 Annual Campaign | YMCA OF SAN DIEGO COUNTY

THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

**OUR IMPACT**

As a leading nonprofit, our Y is making a difference in the lives of nearly 10% of San Diego County's population.

**267,666**  
community members annually

**COMMUNITY NEED**

**\$6.8M to provide equitable access to**  
YMCA memberships, programs, and services.



**OPENING OUR DOORS TO:**

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT



### ENSURING ACCESS FOR ALL



**CREATING HEALTH EQUITY**

**54,476**  
scholarships

provided to families, teens, seniors, and children who needed us most

**SUPPORTING MENTAL HEALTH**

**2,618**  
individuals provided

critical resources such as housing, therapy, social service resources, and much more through YMCA Youth & Family Services

**NURTURING YOUTH DEVELOPMENT**

**25,631**  
children engaged

with fulfilling enrichment activities through Y child care, after school programming, and camp

## YOUR SUPPORT MATTERS [ymcasd.org/give](https://ymcasd.org/give)

**TESTIMONIAL**

My grandson enjoys camp and swim lessons through the Y's Kinship program. It has been a very challenging few months following his mother's sudden death by suicide. The trauma my grandson has been suffering through has been difficult for me to navigate. However, the entire Y team has been so friendly, helpful, and welcoming, that we now feel like the Y is our second home. I appreciate this very much and feel blessed by this gift.



**GIVE.**



**VOLUNTEER.**



**SCAN QR CODE**



**SHARE. >>>>**

