

POOL SCHEDULE COPLEY-PRICE FAMILY YMCA

SPRING 2024

OUTDOOR POOL

| _ | | | | | | | |
|--------------------------------------|---|--|---|---|---|------------------------------------|---|
| | Monday | Tuesday | Wednes- day | Thursday | Friday | Saturday | Sunday |
| 5:00 AM | | | | | | | |
| 7:00AM | Lap Swim (6) | Lap Swim (6) | Lap Swim (6) | Lap Swim (6) | Lap Swim (6) | | |
| 8:00AM 9:00AM | 5:00AM-10:00AM | 5:00AM-9:00AM | 5:00AM-10:00AM | 5:00AM-9:00AM | 5:00AM-10:00AM | Lap Swim (6) 7:00AM- 10:00AM | Lap Swim (6) 8:00AM-10:00AM |
| 10:00AM 11:00AM | Lap Swim (6) | Lap Swim (6) | Lap Swim (6) | Lap Swim (6) | Lap Swim (6) | Lap Swim (4) Family Swim | Lap Swim (4) Family Swim 10:00AM-1:00PM |
| 12:00PM | 10:00AM-12:00PM | 10:00AM-12:00PM | 10:00AM-12:00PM | 10:00AM-12:00PM | 10:00AM-12:00PM | 10:00AM-1:00PM | Lap Swim (6) 1:00PM-2:30PM |
| 1:00PM 2:00PM | Lap Swim (6) 12:00PM-3:00PM | Lap Swim(3) Master Swim(3) 12:00PM-1:00PM Lap Swim (6) 1:00PM-3:00PM | Lap Swim(3) Master Swim(3) 12:00PM-1:00PM Lap Swim (6) 1:00PM-3:00PM | Lap Swim(3) Master Swim(3) 12:00PM-1:00PM Lap Swim (6) 1:00PM-3:00PM | Lap Swim (6) 12:00PM-3:00PM | Lap Swim (6) 1:00PM-3:30PM | |
| 3:00PM 4:00PM 5:00PM 6:00PM | Lap Swim (6) 3:00PM-5:00PM Swim Team (5) 5:00PM-7:00PM | Lap Swim (6) 3:25PM-5:00PM Swim Team (5) 5:00PM-7:00PM | Lap Swim (6) 3:00PM-5:00PM Swim Team (5) 5:00PM-7:00PM | Lap Swim (6) 3:25PM-5:00PM Swim Team (5) 5:00PM-7:00PM | Lap Swim (6) 3:00PM-5:00PM Swim Team (5) 5:00PM-7:00PM | | wim Notes AM-1PM |
| 7:00PM 8:00PM 9:00PM | Lap Swim (6) 7:00PM-9:00PM | Hoover Team (3) Masters Swim(3) 7:00PM-8:00PM Hoover Team (3) Lap Swim(3) 8:00 -9:00PM | Hoover Team (3) Masters Swim(3) 7:00PM-8:00PM Hoover Team (3) Lap Swim(3) 8:00-9:00PM | Hoover Team (3) Masters Swim(3) 7:00PM-8:00PM Hoover Team (3) Lap Swim(3) 8:00-9:00PM | Lap Swim (3) Hoover Team (3) 7:00PM-8:00PM | SUN: 10 | AM-1PM |

INDOOR POOL

| | INDOCK FOOL | | | | | | |
|--------------------------------------|--|---|--|---|--|-------------------------------|---|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 5:00AM | | | | | | | |
| 7:00AM | | | | | | | |
| 8:00AM | Lap Swim (6) 5:00AM-9:00AM | Lap Swim (6) 5:00AM-11:00AM | Lap Swim (6) 5:00AM-8:30AM | Lap Swim (6) 5:00AM-11:00AM | Lap Swim (6) 5:00AM-11:00AM | Lap Swim (6) 7:00AM-8:30AM | Lap Swim (6) 8:00AM-8:30AM |
| 9:00AM 10:00AM | Aqua Zumba (3) 11:00AM-12:00PM Lap Swim (3) | | Aqua Zumba (3) 8:30AM-9:30AM Lap Swim (3) | | | Lap Swim (2) | Lap Swim (2) |
| 11:00AM | Family Swim (2) Lap Swim(4) 12:00PM-1:00PM | Aqua Fit No Lap Swim 11:00AM-12:00PM | Family Swim (2) Lap Swim(4) 10:00AM-1:00PM | Aqua Fit No Lap Swim 11:00AM-12:00PM | Aqua Fit No Lap Swim 11:00AM-12:00PM | Swim Lessons 8:30AM-1:00PM | Swim Lessons 8:30AM-1:00PM |
| 12:00PM | | Lap Swim (4) Family Swim(2) 12:00PM-1:00PM | | Lap Swim (4) Family Swim(2) 12:00PM-1:00PM | Lap Swim (4) Family Swim(2) 12:00PM-1:00PM | Lap Swim (3) Family Swim | Lap Swim (3) Family Swim 1:00PM-2:30PM |
| 1:00PM 2:00PM | Lap Swim(4) Family Swim(2) 1:00PM-3:00PM | Lap Swim(4) Family Swim(2) 1:00PM-3:00PM | Lap Swim(4) Family Swim(2) 1:00PM-3:00PM | Lap Swim(4) Family Swim(2) 1:00PM-3:00PM | Lap Swim(4) Family Swim(2) 1:00PM-3:00PM | 1:00PM-3:30PM | |
| 3:00PM 4:00PM 5:00PM 6:00PM | Lap Swim (1) Family Swim(2) 4:00-9:00PM Swim Lessons (3) 3:00PM-7:30PM | Lap Swim (2) Swim Lessons (4) 3:00PM-7:40PM | Lap Swim (1) Family Swim(2) 4:00-9:00PM Swim Lessons (3) 3:00PM-7:30PM | Lap Swim (2) Swim Lessons (4) 3:00PM-7:40PM | Lap Swim (2) Family Swim(2) 4:00-8:00PM Swim Lessons (2) 3:00PM-7:30PM | SAT 1:00I SUN 1:00 | wim Notes PM-3:30PM) - 2:30PM 2PM-9PM |
| 7:00PM 8:00PM 9:00PM | Lap Swim (4) Family Swim(2) 7:40PM-9:00PM | Lap Swim (4) Family Swim(2) 7:40PM-9:00PM | Lap Swim (4) Family Swim(2) 7:40PM-9:00PM | Lap Swim (4) Family Swim(2) 7:40PM-9:00PM | Lap Swim (3) Family Swim(3) 4:00PM-8:00PM | WED: 10 | 0AM-9PM -3PM & 7:40-9PM 12-9PM |

SPA

SPLASH PAD

- Lap Swimming is for ages 12 and up. Anyone under 12 must pass a swim test to lap swim.
- All children must pass a swim test to enter the 6ft section during family swim.
- Staff Training is every 2nd
 Saturday of the month 6AM-8AM. Limited lanes available at this time.

| Monday | 5:00AM-9:00PM |
|----------------|--|
| Tuesday | 5:00AM-9:00PM |
| Wednes- day | 5:00AM-9:00PM |
| Thursday | 5:00AM-9:00PM |
| Friday | 5:00AM-8:00PM |
| Saturday | 7:00AM-3:30PM |
| Sunday | 8:00AM-11:00AM Closed after 11AM for cleaning |

| Monday | 8:00AM-SUNSET |
|-----------|---------------|
| Tuesday | 8:00AM-SUNSET |
| Wednesday | 8:00AM-SUNSET |
| Thursday | 8:00AM-SUNSET |
| Friday | 8:00AM-SUNSET |
| Saturday | 8:00AM-3:30PM |
| Sunday | 8:00AM-2:30PM |

- * Schedule and lane availability subject to change
- * Number in () is the number of lanes being used