



# POOL SCHEDULE

## JOHN A. DAVIS FAMILY YMCA

03/04/2024-06/10/2024

### LAP POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM	Lap Swim/ Swim Lessons 6:00AM-10:50AM *Five Lanes*	Lap Swim/ Swim Lessons 6:00AM-9:50AM *Five Lanes*	Lap Swim/ Swim Lessons 6:00AM-10:50AM *Five Lanes*	Lap Swim/ Swim Lessons 6:00AM-10:50AM *Five Lanes*	Lap Swim/ Swim Lessons 6:00AM-10:50AM *Five Lanes*	
7:00 AM						
8:00 AM						Lap Swim & Family swim 8:00AM-12:00PM
9:00 AM						Swim Lessons 9:00AM-12:00PM
10:00 AM				Aqua Fit 10:00-10:50 *Class Only*		
11:00 AM	Aqua Fit 11:00AM-11:50M *Class Only*	Aqua Fit 11:00AM-11:50M *Class Only*	Aqua Fit 11:00AM-11:50M *Class Only*	Aqua Fit 11:00AM-11:50M *Class Only*	Aqua Fit 11:00AM-11:50M *Class Only*	
12:00 PM						
1:00 PM						
2:00 PM						
3:00 PM	Swim Lessons/Family Swim/Lap Swim 3:30PM-6:00PM	Swim Lessons/Family Swim/Lap Swim 3:10PM-6:00PM	Swim Lessons/Family Swim/Lap Swim 3:30PM-6:00PM	Swim Lessons/Family Swim/Lap Swim 3:10PM-6:00PM	Swim Lessons/Family Swim/Lap Swim 3:00PM-6:00PM	
4:00 PM						
5:00 PM						
6:00 PM						

\*Pool closed for Aqua Fit only during times stated. No Lap swim allowed during class.

\*Lap swim allowed during Swim Lessons. Two lanes will be taken to accommodate the lessons and Family Swim.

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