



RANCHO FAMILY YMCA Gymnastics



*If you are new to our program - this level requires in person evaluation

Note: we require a minimum of 3 kids per class

CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Parent/Child	15 - 35 months				10:15 - 11:00		9:00 - 9:45
Preschool Gymnastics	3 - 4		5:00 - 5:45	3:30 - 4:15 5:30 - 6:15	4:00 - 4:45 5:15 - 6:00	4:00 - 4:45	9:15 - 10:00 10:00 - 10:45 11:00 - 11:45
Preschool Gymnastics	4 - 5		4:00 - 4:45	5:45 - 6:30	10:15 - 11:00 3:00 - 3:45	5:00 - 5:45	
Little Ninjas	3 - 5			4:15 - 5:00			11:00 - 11:45
Hotshots 1*	3 - 4			4:30 - 5:25		3:30 - 4:25	
Girls Beginner	5 - 7		5:15 - 6:10	3:30 - 4:25 4:30 - 5:25	4:45 - 5:40	3:30 - 4:25 6:00 - 6:55	9:00 - 9:55 10:15 - 11:10
Girls Beginner	7 - 12		3:00 - 3:55 4:30 - 5:25	4:30 - 5:25 5:30 - 6:25	3:00 - 3:55 4:45 - 5:40	5:00 - 5:55	10:00 - 10:55 11:00 - 11:55
Girls Level 1*	5 - 13		3:00 - 3:55 4:30 - 5:25	3:30 - 4:25 4:30 - 5:25 5:30 - 6:25	3:00 - 3:55 4:45 - 5:40	3:30 - 4:25 5:00 - 5:55	10:00 - 10:55 11:00 - 11:55
Girls Level 2*	6 - 13		4:00 - 5:25 5:45 - 7:10	3:00 - 4:25 4:00 - 5:25 5:30 - 6:55	3:00 - 4:25 5:45 - 7:10	4:30 - 5:55	9:00 - 10:25 11:00 - 12:25
Girls Advanced Noncompetitive*	6 - 13		4:00 - 5:55			4:30 - 6:25	
Boys Beginner	5 - 12		4:15 - 5:10				10:30 - 11:25
Boys Level 1*	5 - 12		4:15 - 5:10				10:30 - 11:25
Tumbling Beginner	7 - 17		6:30 - 7:25		6:30 - 7:25		