



## DAN MCKINNEY FAMILY YMCA September 2022 Gymnastics



\*If you are new to our program - this level requires in person evaluation

Note: we require a minimum of 3 kids per class

CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Parent/Child	15 - 35 months	9:00 - 9:45			9:00 - 9:45		8:30 - 9:15
Preschool Gymnastics	3 - 5	11:15 - 12:00 3:15 - 4:00 4:15 - 5:00 5:15 - 6:00	3:15 - 4:00	11:15 - 12:00 3:15 - 4:00 4:15 - 5:00	11:15 - 12:00 4:30 - 5:15 5:30 - 6:15	3:15 - 4:00 4:15 - 5:00	8:15 - 9:00 9:00 - 9:45 10:00 - 10:45 10:45 - 11:30
Little Ninjas	3 - 5		4:15 - 5:00	5:15 - 6:00	3:30 - 4:15	5:15 - 6:00	11:45 - 12:30
Hotshots 1*	3 - 5	4:30 - 5:25				4:30 - 5:25	10:00 - 10:55
Coed Beginner	5 - 7	3:15 - 4:10 4:15 - 5:10 5:15 - 6:10 6:15 - 7:10	3:15 - 4:10 4:15 - 5:10 5:15 - 6:10	1:00 - 1:55 2:00 - 2:55 3:15 - 4:10 4:15 - 5:10	3:15 - 4:10 4:15 - 5:10 5:15 - 6:10	3:15 - 4:10 4:15 - 5:10	9:15 - 10:10 10:15 - 11:10 11:15 - 12:10
Coed Beginner	7 - 17	5:15 - 6:10 6:15 - 7:10	5:15 - 6:10 6:15 - 7:10	1:00 - 1:55 2:00 - 2:55 6:00 - 6:55	6:15 - 7:10	3:30 - 4:25	9:15 - 10:10
Coed Level 1*	5 - 17	3:30 - 4:25 4:30 - 5:25 5:30 - 6:25 6:30 - 7:25	3:30 - 4:25 4:30 - 5:25 6:30 - 7:25	1:00 - 1:55 2:00 - 2:55 3:15 - 4:10 4:15 - 5:10 6:00 - 6:55	3:30 - 4:25 4:30 - 5:25 5:30 - 6:25	3:30 - 4:25	9:15 - 10:10 10:15 - 11:10 11:15 - 12:10
Coed Level 2*	6 - 17	3:30 - 4:25 5:30 - 6:25	5:30 - 6:25	2:00 - 2:55 3:30 - 4:25	5:30 - 6:25	4:30 - 5:25	9:00 - 9:55 11:00 - 11:55
Girls Level 3*	6 - 17	4:00 - 5:55 5:30 - 7:25	4:00 - 5:55		4:00 - 5:55		9:00 - 10:55
Parkour Intermediate*	6 - 17		4:30 - 5:25			4:15 - 5:10	
OPEN GYM	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Preschool Open Gym	0-5	10:00 - 11:00		10:00 - 11:00	10:00 - 11:00		
School Age Open Gym	0-15						3:00 - 4:30