



JULY 2023 POOL SCHEDULE

MOTTINO FAMILY YMCA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 AM	5 Lap lanes Family Swim Shallow	5 Lap lanes Family Swim Shallow	5 Lap lanes Family Swim Shallow	5 Lap lanes Family Swim Shallow	5 Lap lanes Family Swim shallow		
8:10 AM	3 Lap lanes 3 AQUA Family Swim Shallow	5 Lap lanes Family Swim Shallow	3 Lap lanes 3 AQUA Family Swim shallow	5 Lap lanes Family Swim shallow	3 Lap lanes 3 AQUA Family Swim shallow	POOL OPENS 8am 4 Lap lanes	
9:15 AM	3 Lap lane 1/Shallow CAMP Family Swim	3 Lap lanes 1/Shallow CAMP family swim	3 Lap lanes 1/Shallow CAMP family swim	3 Lap lanes 1/Shallow CAMP family swim	3 Lap lanes 2/Shallow CAMP family swim	8:25a 2 lap lanes shallow 1 Swim Lessons 2 family swim	
10:55 AM	2 Lap lanes 4 lanes Aqua Shallow family swim	2 Lap lane 4 lanes Aqua Shallow Family swim	2 Lap lane 4 lanes Aqua Shallow Family swim	2 Lap lane 4 lanes Aqua Shallow Family swim	2 Lap lane 4 lanes Aqua Shallow Family swim	9:00a 1 Lap lanes 3/shallow Swim Lessons 2 family swim	
12:00 PM	2 Lap lanes 2 Lessons 2/Shallow Family swim 1245p CAMP	2 Lap lanes 2 Lessons 2/Shallow Family swim 1245p CAMP	2 Lap lanes 2 Lessons 2/Shallow Family swim 1245p CAMP	2 Lap lanes 2 Lessons 2/Shallow Family swim 1245p CAMP	2 Lap lanes 2 Lessons 2/Shallow Family swim 1245p CAMP	11:00a 1 Lap lanes 3/ shallow Swim Lessons 2 family swim	
2:30 PM	2 Lap lanes 2 Lessons 2/Shallow Family swim CAMP	2 Lap lanes 2 Lessons 2/Shallow Family swim CAMP	2 Lap lanes 2 Lessons Shallow Family swim CAMP	2 Lap lanes 2 Lessons Shallow Family swim CAMP	2 Lap lanes 2 Lessons Shallow Family swim CAMP	POOL CLOSED 1PM	POOL CLOSED
3:00 PM	2 Lanes 1/shallow Lessons 2 Family Swim Shallow	2 Lap lanes 1/shallow Lessons 2 Family Swim Shallow	2 Lap lanes 1/shallow Lessons 2 Family Swim Shallow	2 Lap lanes 1/shallow Lessons 2 Family Swim Shallow	2 Lap lanes 1/shallow Lessons 2 Family Swim Shallow		
4:30 PM	2 Lap lanes 1/Shallow Swim Lessons Family Swim	2 Lap lanes 1/Shallow Swim Lessons Family Swim 2 Swim Team 430-530	2 Lap lanes 1/Shallow Swim Lessons Family Swim	1 Lap lanes 1/ Shallow Swim Lessons Family Swim 2 Swim Team 430-530	2 Lap lanes 2/Shallow Lessons Family Swim		
5:30 PM	2 Lap lane 1/shallow Lessons Family Swim	2 Lap lane 1/shallow Lessons Family Swim	2 Lap lane 1/shallow Lessons Family Swim	2 Lap lane 1/shallow Lessons 2 Aqua Boot camp 5p-6p	2 Lap lanes 1/shallow Lessons Family Swim		
6:00 PM	3 Lap lanes 1/shallow Lessons Family Swim	3 Lap lanes 1/shallow Lessons Family Swim	3 Lap lanes 1/shallow lessons Family Swim	3 Lap lanes 1/shallow Lessons Family Swim	3 Lap lanes 1/shallow Lessons Family Swim	* Schedule subject to change	
7:00 PM	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED			