



RYAN YMCA OUTDOOR LAP POOL SCHEDULE

(effective 6/10/2024)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM	Facility Closed	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Facility Closed
6:00AM 7:00AM				Lap Swim (4) 5:30-6:30a Coached Lap Swim (2)			
8:00AM				Lap Swim (6)			
8:30AM	Lap Swim (4)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (4)
9:00AM							
9:30AM 10:00AM 10:30AM	Lap Swim (5)	Lap Swim (6)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Shallow Strength & Balance (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	9:30-12:30PM Lap Swim (4)
11:00AM 11:30AM			11:15-12:15PM Synchronized Swim (3)			11:15-12:15PM Synchronized Swim (3)	
12:00PM 12:30PM			11:30-3:00PM Camp (shallow + 2 lanes)	11:30-3:00PM Camp (shallow + 2 lanes)	11:30-3:00PM Camp (shallow + 2 lanes)	11:30-3:00PM Camp (shallow + 2 lanes)	11:30-3:00PM Camp (shallow + 2 lanes)
1:00PM 1:30PM	Facility Closes 1:00PM	11:15-12:15PM Lap Swim (1) 12:15-3:00PM Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	11:15-12:15PM Lap Swim (1) 12:15-3:00PM Lap Swim (4)	1:30-3:00PM Lap Swim (5)
2:00PM		Lap Swim (5)	Lap Swim (5)	Lap Swim (5)	Lap Swim (5)	Lap Swim (5)	
3:00PM		Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Facility Closes 3:00PM
3:45PM	<p>Number in the (parenthesis) indicates number of lanes. Questions about the schedule? Please contact Aquatics Director Andi by email ahunziker@ymcasd.org</p>	Lap Swim (1)	Lap Swim (0)	Lap Swim (1)	Lap Swim (0)	Lap Swim (1)	<p>Swim Test Required for lap lanes/ deep end. Children under 4ft must have parent within arms reach at all times, wear PFD, and demonstrate water safety. Family Swim is available at all times. Space is subject to availability based on programming.</p> <p>Best times: MON-THURS 5:30A-4:00PM & 6:00-7:45PM FRI 3:00-6:45PM</p>
4:00PM		Lap Swim (1)	Lap Swim (0)	Lap Swim (1)	Lap Swim (0)	Lap Swim (1)	
5:00PM		Lap Swim (1)	Lap Swim (0)	Lap Swim (1)	Lap Swim (0)	Lap Swim (1)	
5:45PM		Lap Swim (0)	Lap Swim (0)	Lap Swim (1)	Lap Swim (0)	Lap Swim (1)	
6:00PM		Lap Swim (0)	Lap Swim (0)	Lap Swim (1)	Lap Swim (0)	Lap Swim (1)	
6:30PM	Facility Closes at 7:45PM	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	
7:30PM		Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	
7:45PM		Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	