



RYAN YMCA OUTDOOR LAP POOL SCHEDULE

(updated 2/2024)

 YMCA	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
5:30 AM	Facility Closed	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Facility Closed				
6:00AM 7:00AM				Lap Swim (4) Coached Lap Swim (2)							
8:00AM				Lap Swim (6)							
8:30AM	Lap Swim (5)		Lap Swim (6)		8:30-9:00AM Correia Swim PE (3) Lap Swim (3)	Lap Swim (4)					
9:00AM											
9:30AM 10:00AM 10:30AM	9:45AM Lap Swim (6)		10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Shallow Strength & Balance (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM A qua Fit (3) Lap Swim (3)	9:30-12:30PM Lap Swim (4)				
11:00AM 11:30AM	Lap Swim (6)	11:15-12:15PM Synchronized Swim (3) Lap Swim (3)									11:15-12:15PM Synchronized Swim (3) Lap Swim (3)
12:00PM 12:30PM	Lap Swim (6)										
1:00PM 1:30PM	Facility Closes 1:00PM		Lap Swim (6)				1:00-1:30PM Correia Swim PE (3)				
2:00PM											
3:00PM											
3:45PM		Lap Swim (5)	Lap Swim (5)	Lap Swim (5)	Lap Swim (5)	Lap Swim (6)	Facility Closed				
4:00PM		Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)					
5:00PM		Lap Swim (1)	Lap Swim (0)	Lap Swim (1)	Lap Swim (0)	Lap Swim (1)					
5:45PM											
6:00PM											
6:30PM		Lap Swim (0)				Lap Swim (2)					
7:15PM		Lap Swim (5)	Lap Swim (6)	Lap Swim (5)	Lap Swim (6)	Lap Swim (5)					
7:30PM		Facility Closes at 7:30PM for PLHS Swim Team		Number in the (parenthesis) indicates number of lanes. Questions about the schedule? Please contact Aquatics							

Number in the (parenthesis) indicates number of lanes. Questions about the schedule? Please contact Aquatics Director Andi by emailing ahunziker@ymcasd.org.

Swim Test Required for lap lanes/ deep end. Children under 4ft must have parent within arms reach at all times, wear PFD, and demonstrate water safety. Family Swim is available at all times. Space is subject to availability based on programming.

Best times: MON-THURS 5:30A-4:00PM & 6:00-7:45PM FRI 3:00-6:45PM