MISSION VALLEY YMCA GYMNASIUM SCHEDULE – Winter 2025 (Jan-Mar)

the	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	
5:00 AM	Adult Open Basketball	Adult Ones	Adult Open Basketball	A.I. III O	Adult Open Basketball	Adult Onen	Adult Open Basketball	Adult Open	Adult Open Basketball	Adult Ones					
6:00 AM	5- 7 am	Adult Open Basketball	5- 7 am	Adult Open Basketball 5-8 am	5- 7 am	Adult Open Basketball	5- 7 am	Adult Open Basketball	5- 7 am	Adult Open Basketball	Adult Open Basketball	Adult Open Basketball			
7:00 AM		5-8 am		5- 6 alli		5-8 am		5-8 am	Intermediate/ Advanced	5-8 am	6-8 am	6-8 am	Adult Open	Adult Open	
8:00 AM	Intermediate/ Advanced Adult	Intermediate/ Advanced	Beginner/Low Intermediate Adult	Beginner/Low Intermediate	Intermediate/ Advanced Adult PB	Intermediate/		Beginner/Low	Adult Pickleball 7-9:30 am	Intermediate Advanced Adult PB			Basketball 7-9:30 am	Basketball 7-9:30 am	
9:00 AM	Pickleball 7-11 am	Adult Pickleball	Pickleball 7-11 am	Adult Pickleball	7- 11 am	Advanced Adult PB	Pickleball 7- 11 am	Intermediate Adult PB	8-9:3	8-9:30 am Beginner/Low					
10:00 AM	/- aiii	8-11 am	,a	8-11 am		8 - 11 am	/- 11 am	8 am-11 am	Intermediate Adult PB 9:30-11 am	Intermediate Adult PB 9:30- 11 am					
11:00 AM	Adult Pick Up		Adult Pick Up 11-12 pm	PB Lessons (\$) 11-12 pm	Adult	Adult Pick Up	Adult Pick Up 11–12 pm	PB Lessons (\$) 11-12 pm	Adult	Adult Pick Up	Youth Sports Programming	Youth Sports Programming	Women's Basketball		
12:00 PM	Basketball 11-1:30 pm	Adult Pick Up	Men's	Men's	Pick Up Basketball 11- 1:30pm	Basketball 11–1 pm	Men's	Men's	Pick Up Basketball 11- 1:30 pm	Basketball 11–1 pm	8 am- 4 pm	Basketball 8 am- 4 pm	50+ 9:30- 3 pm	Women's Basketball 50+	
1:00 PM		Basketball 11-3 pm	Basketball (45+)	Basketball (45+)		WBB 50+ 1-2 pm	Basketball (45+)	Basketball (45+)		WBB 50+ 1-2 pm				9:30- 4 pm	
2:00 PM	Adult Pick Up		12-3 pm	12-3 pm	Adult Pick Up Volleyball	Adult Pick Up 2- 3 pm	12-3 pm	12-3 pm	Adult Pick Up Volleyball	Men's Bball (45+) 2-3 pm					
3:00 PM	Volleyball 1:30-	PB Lessons (\$)	Open Play	PB Lessons (\$)	1:30- 4:30 pm	PB Lessons (\$)	Family Open Play	PB Lessons (\$)		PB Lessons (\$) 3- 4 pm			Family PB 3-4:30 pm		
4:00 PM	4:30pm	3-5 pm	3- 4:30 pm	3- 5 pm	P	3- 5 pm	Basketball 3-4:00 pm	3- 4:15 pm	Open Play Basketball	Open Play Basketball	All Levels	All Levels Adult Pickleball 4:15-	Family Open Play Basketball	Open Play Basketball 4- 5:50 pm	
5:00 PM									4- 5:30 pm	4- 5:30 pm	13+ Pickleball				
6:00 PM	Sports	Sports	Sports	Sports	Sports	Sports	Sports	Sports	All Levels	All Levels	4:15- 5:50pm	5:50 pm	4:30- 5:50 pm	. 5.55 p	
7:00 PM	Programming 4:30-8:50 pm	Programming 5- 8:50 pm	Programming 4:30-8:50 pm	Programming	Programming 4:30-8 pm	Sports Programming 4:30-8 pm	Programming 4:00- 8:50 pm	Programming 4:15 pm- 8:50 pm	Adult Pickleball	13+ Pickleball	BASKETBALL COURT CLOSURES:				
8:00 PM									5:30- 8:50 pm	5:30- 8:50 pm	3/27: Closed	d for Pickleba	or Pickleball 10-11:30 am		
9:00 PM												N to 619-558-5388 to receive updates on your phone.			

CHILDREN ARE NOT ALLOWED IN THE COURTS DURING PICK UP GAMES | AGES 12 AND UNDER MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES | ADULT = 18+ AGES 13+ ARE ABLE TO USE THE COURTS DURING BASKETBALL OPEN PLAY WITHOUT ADULT PRESENT | TIME ALLOTED IS FOR SET-UP AND BREAKDOWN