



## **MEDI-CAL OFFERS FREE SERVICES WE CAN CONNECT YOU**

Neighborhood Networks will pair you with your own care manager, who can help you set health goals, connect with needed services, and improve your overall health.



## What services do we offer?



Organize transportation for doctor's appointments



Get connected with a doctor and find appointments



Help to move you safely from one care setting to another



Connect you to community programs and social services



Find and apply for food and housing benefits



Help you better understand your prescription drugs



Provide follow-up services after you leave the hospital



Help you make a plan for your healthcare needs

## More details on these services

In addition to working with you, your care manager will also work with your doctors, specialists, pharmacists, and others. Their goal is to ensure everyone is aware of your health and social services needs. These extra services are offered as part of your current Medi-Cal plan. The Medi-Cal services you get now will not be taken away. You can still see your same doctors, but now you can get extra help. If you qualify, you can choose to get these services and can stop the services at any time by calling your health plan.

FOR MORE INFORMATION, CONTACT US

619-273-3295 referrals@sdwellnesscollaborative.org

https://neighborhood-networks.org