



# POOL SCHEDULE

## COPLEY-PRICE FAMILY YMCA

### SPRING 2025

### OUTDOOR POOL

	Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday	Sunday	
5:00 AM	Lap Swim (6) 5:00AM-6:00AM 7:00AM-10:00AM  Masters Swim (3) Lap Swim (3) 6:00AM-7:00AM	Lap Swim (6) 5:00AM-10:00AM	Lap Swim (6) 5:00AM-6:00AM 7:00AM-10:00AM  Masters Swim (3) Lap Swim (3) 6:00AM-7:00AM	Lap Swim (6) 5:00AM-10:00AM	Lap Swim (6) 5:00AM-10:00AM			
7:00AM								
8:00AM								
9:00AM						Lap Swim(6) 7:00AM-10:00AM	Lap Swim (6) 8:00AM-10:00AM	
10:00AM	Lap Swim (6) 10:00AM-1:00PM	Swim Lessons (3) 8:45AM-3:30PM  Lap Swim (3) 10:00AM-1:00PM	Lap Swim (6) 10:00AM-1:00PM	Swim Lessons (3) 8:45AM-3:30PM  Lap Swim (3) 10:00AM-1:00PM	Lap Swim (6) 10:00AM-1:00PM	Lap Swim (4) Family Swim(2) 10:00AM-1:00PM	Lap Swim (4) Family Swim(2) 10:00AM-1:00PM	
11:00AM							Lap Swim (6) 1:00PM-2:30PM	
12:00PM								
1:00PM	Lap Swim (6) 1:00PM-4:00PM	Swim Lessons (3) 8:45AM-3:30PM  Lap Swim (3) 1:00PM-3:30PM	Lap Swim (6) 1:00PM-4:00PM	Swim Lessons (3) 8:45AM-3:30PM  Lap Swim (3) 1:00PM-3:30PM	Lap Swim (6) 1:00PM-4:00PM	Lap Swim (6) 1:00PM-3:30PM		
2:00PM								
3:00PM								
4:00PM	Lap Swim (6) 4:00PM-5:00PM Swim Team (5) 5:00PM-7:00PM	Lap Swim (6) 3:30PM-5:00PM Swim Team (5) 5:00PM-7:00PM	Lap Swim (6) 4:00PM-5:00PM Swim Team (5) 5:00PM-7:00PM	Lap Swim (6) 3:30PM-5:00PM Swim Team (5) 5:00PM-7:00PM	Lap Swim (6) 4:00PM-5:00PM Swim Team (5) 5:00PM-7:00PM	Family Swim Notes  SAT: 10AM-1PM  SUN: 10AM-1PM		
5:00PM								
6:00PM								
7:00PM	Masters Swim (4) 7:00PM-8:00PM  HHS Team (2) 7:00PM-9:00PM	Masters Swim (4) 7:00PM-8:00PM  HHS Team (2) 7:00PM-9:00PM	Masters Swim (4) 7:00PM-8:00PM  HHS Team (2) 7:00PM-9:00PM	Masters Swim (4) 7:00PM-8:00PM  HHS Team (2) 7:00PM-9:00PM	Lap Swim (6) 7:00PM-8:00PM			
8:00PM								
9:00PM								

### INDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00AM	Lap Swim (6) 5:00AM-11:00AM  Aqua Zumba (4) 11:00AM-12:00PM Lap Swim (2)  Family Swim (2) Lap Swim(4) 12:00PM-1:00PM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-10:00AM  Family Swim (2) Lap Swim(4) 10:00AM-1:00PM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM			
7:00AM								
8:00AM						Lap Swim (6) 7:00AM-8:30AM	Lap Swim (6) 8:00AM-8:30AM	
9:00AM		Aqua Fit No Lap Swim 11:00AM-12:00PM		Aqua Fit No Lap Swim 11:00AM-12:00PM	Aqua Fit No Lap Swim 11:00AM-12:00PM	Lap Swim (1) Swim Lessons (5) 8:30AM-1:00PM	Lap Swim (6) 8:30AM-1:00PM	
10:00AM								
11:00AM		Family Swim (2) Lap Swim(4) 12:00PM-1:00PM		Lap Swim (4) Family Swim(2) 12:00PM-1:00PM		Lap Swim (4) Family Swim(2) 12:00PM-1:00PM	Lap Swim (4) Family Swim(2) 12:00PM-1:00PM	Lap Swim (3) Family Swim (3) 1:00PM-3:30PM
12:00PM								
1:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	<div>Family Swim Notes</div> <div>SAT 1:00PM-3:30PM</div> <div>SUN 1:00 - 2:30PM</div> <div>MON: 12PM-9PM</div> <div>WED: 10AM-9PM</div> <div>TUE/THURS: 12-3PM &amp; 7:40-9PM</div> <div>FRI: 12-8PM</div>		
2:00PM								
3:00PM	Lap Swim (1) Family Swim(2) 3:00-7:30PM Swim Lessons (3) 3:00PM-7:30PM	Lap Swim (3) Swim Lessons (3) 3:00PM-7:40PM	Lap Swim (1) Family Swim(2) 3:00-7:30PM Swim Lessons (3) 3:00PM-7:30PM	Lap Swim (3) Swim Lessons (3) 3:00PM-7:40PM	Lap Swim (1) Family Swim(3) 3:00-7:30PM Swim Lessons (2) 3:00PM-7:30PM			
4:00PM								
5:00PM								
6:00PM	Lap Swim (4) Family Swim(2) 7:30PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (4) Family Swim(2) 7:30PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (3) Family Swim(3) 7:30PM-8:00PM			
7:00PM								
8:00PM								
9:00PM								

### SPA

### SPLASH PAD

- Lap Swimming is for ages 12 and up. Children under 12 must pass a swim test, or be within arms distance of parent
- All children 12 and under must pass a swim test to enter the 6ft section during family swim

Monday	5:00AM-9:00PM
Tuesday	5:00AM-9:00PM
Wednes-day	5:00AM-9:00PM
Thursday	5:00AM-9:00PM
Friday	5:00AM-8:00PM
Saturday	7:00AM-3:30PM
Sunday	8:00AM-11:00AM Closed after 11AM for cleaning

Monday	8:00AM-SUNSET
Tuesday	8:00AM-SUNSET
Wednesday	8:00AM-SUNSET
Thursday	8:00AM-SUNSET
Friday	8:00AM-SUNSET
Saturday	8:00AM-3:30PM
Sunday	8:00AM-2:30PM

\* Schedule and lane availability subject to change  
\* Number in ( ) is the number of lanes being used