



POOL SCHEDULE

COPLEY-PRICE FAMILY YMCA

SPRING 2025

OUTDOOR POOL

	Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday	Sunday	
5:00 AM	Lap Swim (6) 5:00AM-6:00AM 7:00AM-8:45AM	Lap Swim (6) 5:00AM-10:00AM	Lap Swim (6) 5:00AM-6:00AM 7:00AM-10:00AM	Lap Swim (6) 5:00AM-8:45AM	Lap Swim (6) 5:00AM-8:45AM			
7:00AM								
8:00AM	Masters Swim (3) Lap Swim (3) 6:00AM-7:00AM		Masters Swim (3) Lap Swim (3) 6:00AM-7:00AM					
9:00AM								
10:00AM	Swim Lessons (3) 8:45AM-1:30PM	Lap Swim (6) 10:00AM-1:00PM	Lap Swim (6) 10:00AM-1:00PM	Swim Lessons (3) 8:45AM-3:30PM	Swim Lessons (3) 8:45AM-1:30PM	Lap Swim (4) Family Swim(2) 10:00AM-1:00PM	Lap Swim (4) Family Swim(2) 10:00AM-1:00PM	
11:00AM								
12:00PM	Lap Swim (3) 8:45AM-1:00PM				Lap Swim (3) 8:45AM-1:00PM		Lap Swim (3) 8:45AM-1:30PM	Lap Swim (6) 1:00PM-2:30PM
1:00PM	Lap Swim (6) 1:00PM-4:00PM	Swim Lessons (3) 8:45AM-3:30PM	Lap Swim (6) 1:00PM-4:00PM	Swim Lessons (3) 8:45AM-3:30PM	Lap Swim (6) 1:30PM-4:00PM	Lap Swim (6) 1:00PM-3:30PM		
2:00PM		Lap Swim (3) 1:00PM-3:30PM		Lap Swim (3) 1:00PM-3:30PM				
3:00PM								
4:00PM	Lap Swim (6) 4:00PM-5:00PM Swim Team (5)	Lap Swim (6) 3:30PM-5:00PM Swim Team (5)	Lap Swim (6) 4:00PM-5:00PM Swim Team (5)	Lap Swim (6) 3:30PM-5:00PM Swim Team (5)	Lap Swim (6) 4:00PM-5:00PM Swim Team (5)	Family Swim Notes SAT: 10AM-1PM SUN: 10AM-1PM		
5:00PM	Swim Team (5) 5:00PM-7:00PM	Swim Team (5) 5:00PM-7:00PM	Swim Team (5) 5:00PM-7:00PM	Swim Team (5) 5:00PM-7:00PM				
6:00PM								
7:00PM	Masters Swim (4) 7:00PM-8:00PM	Masters Swim (4) 7:00PM-8:00PM	Masters Swim (4) 7:00PM-8:00PM	Masters Swim (4) 7:00PM-8:00PM	Lap Swim (6) 7:00PM-8:00PM			
8:00PM	HHS Team (2) 7:00PM-9:00PM	HHS Team (2) 7:00PM-9:00PM	HHS Team (2) 7:00PM-9:00PM	HHS Team (2) 7:00PM-9:00PM				
9:00PM								

INDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00AM	Lap Swim (6) 5:00AM-11:00AM Aqua Zumba (4) 11:00AM-12:00PM Lap Swim (2) Family Swim (2) Lap Swim(4) 12:00PM-1:00PM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-9:00AM Family Swim (2) Lap Swim(4) 10:00AM-1:00PM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 7:00AM-8:30AM	Lap Swim (6) 8:00AM-8:30AM	
7:00AM								
8:00AM								
9:00AM		Aqua Fit No Lap Swim 11:00AM-12:00PM		Lap Swim (4) Family Swim(2) 12:00PM-1:00PM	Aqua Fit No Lap Swim 11:00AM-12:00PM	Aqua Fit No Lap Swim 11:00AM-12:00PM	Lap Swim (1) Swim Lessons (5) 8:30AM-1:00PM	Lap Swim (4) Family Swim(2) 8:30AM-1:00PM
10:00AM								
11:00AM								
12:00PM				Lap Swim (4) Family Swim(2) 12:00PM-1:00PM	Lap Swim (4) Family Swim(2) 12:00PM-1:00PM	Lap Swim (3) Family Swim (3) 1:00PM-3:30PM	Lap Swim (4) Family Swim(2) 1:00PM-2:30PM	
1:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	<div>Family Swim Notes</div> <div>SAT 1:00PM-3:30PM</div> <div>SUN 1:00 - 2:30PM</div> <div>MON: 12PM-9PM</div> <div>WED: 10AM-9PM</div> <div>TUE/THURS: 12-3PM & 7:40-9PM</div> <div>FRI: 12-8PM</div>		
2:00PM								
3:00PM	Lap Swim (1) Family Swim(2) 3:00-7:30PM Swim Lessons (3) 3:00PM-7:30PM	Lap Swim (3) Swim Lessons (3) 3:00PM-7:40PM	Lap Swim (1) Family Swim(2) 3:00-7:30PM Swim Lessons (3) 3:00PM-7:30PM	Lap Swim (3) Swim Lessons (3) 3:00PM-7:40PM	Lap Swim (1) Family Swim(3) 3:00-7:30PM Swim Lessons (2) 3:00PM-7:30PM			
4:00PM								
5:00PM								
6:00PM	Lap Swim (4) Family Swim(2) 7:30PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (4) Family Swim(2) 7:30PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (3) Family Swim(3) 7:30PM-8:00PM			
7:00PM								
8:00PM								
9:00PM								

SPA

SPLASH PAD

- Lap Swimming is for ages 12 and up. Children under 12 must pass a swim test, or be within arms distance of parent
- All children 12 and under must pass a swim test to enter the 6ft section during family swim.
- Lifeguards hold authority over the pool and can require a swim test at any moment.

Monday	5:00AM-9:00PM
Tuesday	5:00AM-9:00PM
Wednes-day	5:00AM-9:00PM
Thursday	5:00AM-9:00PM
Friday	5:00AM-8:00PM
Saturday	7:00AM-3:30PM
Sunday	8:00AM-11:00AM Closed after 11AM for cleaning

Monday	8:00AM-SUNSET
Tuesday	8:00AM-SUNSET
Wednesday	8:00AM-SUNSET
Thursday	8:00AM-SUNSET
Friday	8:00AM-SUNSET
Saturday	8:00AM-3:30PM
Sunday	8:00AM-2:30PM

* Schedule and lane availability subject to change
* Number in () is the number of lanes being used