



YMCA OF SAN DIEGO COUNTY
**COMMUNITY
WELL-BEING
& BELONGING**



**SCAN HERE
TODAY!**



CAMERON FAMILY YMCA **DIVE INTO WATER POLO**

NOW ENROLLING YOUTH **AGES 8-12**

This exciting new program is perfect for young athletes who can swim at least 50 yards continuously and tread water for 1 minute. Youth will build strength, endurance and teamwork skills while learning water polo fundamentals in a fun and supportive environment. It's a great opportunity to make new friends and discover a love for the game.

Sessions will be held on **Saturdays** at **11:00AM** at the **Cameron YMCA** pool.

Spaces are limited, so sign up today and make a splash!

For more information contact Hannan Mouawad at hemouawad@ymcasd.org