



YMCA TRIPLE P ACTIVITY CALENDAR

MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01 Spanish Discussion Group Morning & Evening Online via Zoom	02
05 Discuss. Group Triple P 5:00pm-7:00pm Copley-Price YMCA	06 Group Triple P Morning & Evening Online via Zoom	07 Discuss. Group Triple P 5:00pm-7:00pm Jackie Robinson YMCA	08 Spanish Discussion Group Morning & Evening Online via Zoom	09
12 Discuss. Group Triple P 5:00pm-7:00pm Copley-Price YMCA	13 Group Triple P Morning & Evening Online via Zoom	14 Discuss. Group Triple P 5:00pm-7:00pm Jackie Robinson YMCA	15 Seminar Triple P Morning & Evening Online via Zoom	16
19 Discuss. Group Triple P 5:00pm-7:00pm Copley-Price YMCA	20 Group Triple P Morning & Evening Online via Zoom	21 Discuss. Group Triple P 5:00pm-7:00pm Jackie Robinson YMCA	22 Seminar Triple P Morning & Evening Online via Zoom	23
26 Memorial Day Holiday No classes held	27 Group Triple P Morning & Evening Online via Zoom	28 Discuss. Group Triple P 5:00pm-7:00pm Jackie Robinson YMCA	29 Seminar Triple P Morning & Evening Online via Zoom	30

POSITIVE PARENTING PROGRAM: Triple P, the Positive Parenting Program, is one of the most effective and best-known positive parenting programs in the world. Its range of classes gives parents simple, practical strategies to build strong, healthy relationships, confidently manage children's behavior, and prevent challenges from developing. Classes are free to all and we encourage caregivers of any form to join us!

ZOOM PROGRAM HOURS:

AM PROGRAM: 10:00 AM - 12:00 PM

PM PROGRAM: 05:00 PM - 07:00 PM

Register for sessions by contacting below!

For more information, contact: James Edmond | 619-604-1767 | jedmond@ymcasd.org