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FOR HEALTHY LIVING  
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Welcome to Swim Lessons at the Cameron Family YMCA!

We are so excited to have you participate in our YMCA swim lesson program; learning to swim is a life-saving and important skill you, or your child, will use for the rest of their lives. For more information about our program policies and procedures, please read through the information below. Remember that if your family is at the pool, beach, or any body of water 🌊 to practice being safe by: wearing life jackets, ensuring dedicated supervision 👁️, and wearing sunscreen.



Happy swimming!

#### **WHAT TO KNOW BEFORE YOU ARRIVE:**

- Keep in mind that the student must have appropriate swimwear.
- Be sure to bring a towel as these are not provided!
- Ensure hair is tied or pulled back so as not to obstruct the eyes.
- Bring goggles!
- If participants are not potty trained, we do ask them to wear a swim diaper.
- Please rinse off at the outdoor showers before entering the pool.
- Have fun!

#### ***Program Details:***

**SWIM LESSON REGISTRATION DATES:** Our swim lessons classes for the upcoming month go on sale during the current month on the 15th for our Y Members and the 17th for our customers. Classes close for registration the Wednesday before the first day of the upcoming session.

**TO PURCHASE A CLASS:** All our available swim lessons can be purchased online via our website accessible here: [Swim Lessons at the Cameron YMCA](#). Additionally, pricing, class options and schedules can all be found on our website as well.

**GROUP SWIM LESSONS:** To discern which level to register the student for, please reference our YMCA Group Swim Lesson Skills and Prerequisites PDF. Our group classes are split by age and then by swimming capabilities. If you're not positive which group level is best, we typically recommend students enroll in the less advanced class as we found that transferring them up in levels is a better experience then moving a student down.

**PRIVATE SWIM LESSONS:** The Cameron Y offers private swim lessons available throughout the week, Monday - Thursday and Saturday mornings. The swim instructors customize each lesson to fit the participant's unique needs and curate the class skills to fulfill each student's



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goals. We highly encourage you to take a few minutes at the start of the first lesson to speak with the swim instructor and let them know what the student has previously worked on, any past swimming experiences, and the ultimate end goal of taking swim lessons. Please note that the Cameron Y does not schedule private lessons based on individual demand.

**Semi-Private swim lessons** consist of 2 students at similar ages and swimming capabilities. To receive a semi-private, the student must first purchase a private swim lesson from the Y's offerings online and then reach out to the front desk requesting to add the second student. There is an additional cost for the second student. In order to ensure availability, please contact the YMCA support center at (858) 514-4411 to schedule semi-private lessons before registering for private swim sessions.

**CHECKING IN & WHERE TO GO:** Upon your arrival and after you have checked in with the member services staff, please head through the main hallway of the facility and exit through the door in the back to enter the pool area. Your instructor will be wearing a YMCA Instructor shirt making them easy to identify and will call out the assigned class level and time at the start of the class. If you have any questions or concerns, please come to the Aquatics Office located next to the men's locker room. Someone in the office will be happy to provide assistance so the instructors can keep instructing!

**MOVING UP TO THE NEXT LEVEL:** It is very common for a student to re-enroll in the same level several times before mastering all the skills. Learning to swim can take some time! When the student is ready to advance to the next level, we kindly ask that the parent or program participant approach their instructor and ask about which level to sign up for next. Swim lessons students should receive verbal or written confirmation from their current instructor before being placed at a higher level to ensure they meet the lesson prerequisites.

**INSTRUCTOR COVERAGE:** While we do our utmost best to provide consistent instructors, coverage and changes will take place in a session due to external factors and schedules. The staff will communicate lesson plans to ensure skills are still being taught appropriately.

**REFUND AND CANCELLATION POLICY:** If a student needs to cancel or miss a swim lesson, please see the following policies below.

**Full Session Cancellations:**

- Canceling before the start date of the class will result in a 100% voucher or refund
- Canceling on the first or second day of a program will result in a 75% voucher or refund
- Canceling after the second day of the program will result in a 0% voucher or refund
- Canceling due to an illness or injury must receive approval from the program director; please reach out to the Aquatics Director at your branch.



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**Missing a group swim lesson during the session:**

- No makeup lesson available: the class is counted as attended as the YMCA unfortunately does not provide any makeup lessons or vouchers for a missed class during the session.

**Missing a private swim lesson during the session:**

- Only one out of the four classes purchased can be rescheduled provided a notice is sent via email to the Aquatics Director at least 24hrs in advance of the class start time.
- The makeup lesson will be offered on select pre-scheduled days and times by the Aquatics Department.
- If a student misses their makeup lesson, the class is counted as attended and no further makeup classes will be provided.

If you have any questions regarding any of the information above, please don't hesitate to reach out. We wish you a wonderful time swimming and look forward to seeing you by the pool soon!

Cheers!

*The Cameron Family YMCA Aquatics Team*  
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