



FREE Heart Screening For Ages 12-25

Hosted by Jackie Robinson Family YMCA

Sunday, June 8 • Appointments from 9:30–2:15



- Standard well-child exams and sports physicals are not designed to identify undetected heart conditions that annually put thousands of youth at risk for sudden cardiac arrest
- Studies show EKGs more accurately detect abnormalities, given heart conditions often have unrecognized warning signs or risk factors
- Screening includes a cardiac risk assessment, EKG, cardiologist consultation and if indicated, a limited echocardiogram
- Youth at risk referred back to their own doctor for follow up
- **International guidelines recommend screening every two years through age 25**
- Includes hands-on CPR and AED demonstrations to save a life

Sudden Cardiac Arrest is the
**LEADING CAUSE
OF DEATH**
on school campuses

#1 KILLER
of student athletes

1 IN 300
YOUTH HAS AN
undetected heart condition

43,000
youth screened since 2010

660+ YOUTH
with undetected
heart abnormalities

Click register or visit epsavealife.org/get-screened • Walk-ins Also Welcome



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Community
Partners

