



MEMORIAL DAY | MAY 26, 2025 GROUP EXERCISE CLASSES

CYCLING | 7:00–7:50 AM
Ginger – Rear Walkway

BODYPUMP | 8:30–9:20 AM
Amanda – Patio

BODYCOMBAT | 10:00–10:50 AM
Cristel – Patio

FOREVER FIT | 10:00–10:50 AM
Elke – Gymnasium

CARDIO DANCE | 10:30–11:20 AM
Sarah – MPR

CORE FIT | 11:00–11:50 AM
Cristel – Patio

****ENHANCE FITNESS | 11:15–12:15 PM**
Elke – Gymnasium

FACILITY HOURS: 7:00 AM–1:00 PM