

# MISSION VALLEY YMCA GYMNASIUM SCHEDULE - SUMMER (JUNE-AUGUST)

the Y YMCA	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2
5:00 AM	ADULT OPEN BASKETBALL		ADULT OPEN BASKETBALL		ADULT OPEN BASKETBALL		ADULT OPEN BASKETBALL		ADULT OPEN BASKETBALL					
6:00 AM	5-7 AM	ADULT OPEN BASKETBALL 5-8 AM	5-7 AM	ADULT OPEN BASKETBALL 5-8 AM	5-7 AM	ADULT OPEN BASKETBALL 5-8 AM	5-7 AM	ADULT OPEN BASKETBALL 5-8 AM	5-7 AM	ADULT OPEN BASKETBALL 5-8 AM				
7:00 AM														
8:00 AM	INTERMEDIATE/ADVANCED ADULT PICKLEBALL	INTERMEDIATE/ADVANCED ADULT PICKLEBALL	BEGINNER/LOW INTERMEDIATE ADULT PICKLEBALL	BEGINNER/LOW INTERMEDIATE ADULT PICKLEBALL	INTERMEDIATE/ADVANCED ADULT PB	INTERMEDIATE/ADVANCED ADULT PB	BEGINNER/LOW INTERMEDIATE ADULT PICKLEBALL	BEGINNER/LOW INTERMEDIATE ADULT PB	INTERMEDIATE/ADVANCED ADULT PICKLEBALL 7-9:30 AM	INTERMEDIATE ADVANCED ADULT PB 8-9:30 AM			ADULT OPEN BASKETBALL 7-9:30 AM	ADULT OPEN BASKETBALL 7-9:30 AM
9:00 AM	7-11 AM	8-11 AM	7-11 AM	8-11 AM	7-11 AM	8-11 AM	8-11 AM	8-11 AM						
10:00 AM									BEGINNER/LOW INTERMEDIATE ADULT PB 9:30-11 AM	BEGINNER/LOW INTERMEDIATE ADULT PB 9:30-11 AM				
11:00 AM			ADULT PICK UP 11-12 PM	PB LESSONS (\$) 11-12 PM			ADULT PICK UP 11-12 PM	PB LESSONS (\$) 11-12 PM						
12:00 PM	ADULT PICK UP BASKETBALL 11-1:30 PM				ADULT PICK UP BASKETBALL 11-1:30 PM		ADULT PICK UP BASKETBALL 11-1:30 PM		ADULT PICK UP BASKETBALL 11-1:30 PM	ADULT PICK UP BASKETBALL 11-1:30 PM			WOMEN'S BASKETBALL 50+ 9:30-3 PM	WOMEN'S BASKETBALL 50+ 9:30-4 PM
1:00 PM		ADULT PICK UP BASKETBALL 11-3 PM	MEN'S BASKETBALL (45+) 12-3 PM	MEN'S BASKETBALL (45+) 12-3 PM			ADULT PICK UP BASKETBALL 11-1 PM	ADULT PICK UP BASKETBALL 11-1 PM	MEN'S BASKETBALL (45+) 12-3 PM	MEN'S BASKETBALL (45+) 12-3 PM				
2:00 PM							WBB 50+ 1-2 PM							
3:00 PM	ADULT PICK UP VOLLEYBALL 1:30-4 PM				ADULT PICK UP VOLLEYBALL 1:30-4 PM		ADULT PICK UP 2-3 PM		FAMILY OPEN PLAY BASKETBALL 3-4 PM	FAMILY OPEN PLAY BASKETBALL 3-4 PM				
4:00 PM		PB LESSONS (\$) 3-4 PM	ANY SPORT OPEN PLAY 3-4 PM	PB LESSONS (\$) 3-4 PM			PB LESSONS (\$) 3-4 PM							
5:00 PM														
6:00 PM														
7:00 PM	SPORTS PROGRAMMING 4-8:50 PM	SPORTS PROGRAMMING 4-8:50 PM	SPORTS PROGRAMMING 4-8:50 PM	SPORTS PROGRAMMING 4-8:50 PM	SPORTS PROGRAMMING 4-8:50 PM	SPORTS PROGRAMMING 4-8:50 PM	SPORTS PROGRAMMING 4-8:50 PM	SPORTS PROGRAMMING 4-8:50 PM						
8:00 PM														
9:00 PM														

**BASKETBALL COURT CLOSURES:**

6/10/25	10-11:30AM
6/19/25	2:30-4PM
6/23-6/26/25	9:30-12:30PM
6/27/25	9-11AM & 12-3PM
7/14-7/18/25	9:30-12:30PM
7/28-8/1/25	9:30-12:30PM

TEXT MVGYM TO 619-558-5388 TO RECEIVE GYMNASIUM UPDATES ON YOUR PHONE.

CHILDREN ARE NOT ALLOWED IN THE COURTS DURING PICK UP GAMES | AGES 12 AND UNDER MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES | ADULT = 18+ AGES 13+ ARE ABLE TO USE THE COURTS DURING BASKETBALL OPEN PLAY WITHOUT ADULT PRESENT | TIME ALLOTTED IS FOR SET-UP AND BREAKDOWN