



RYAN YMCA OUTDOOR LAP POOL SCHEDULE

Effective 6/1/2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30 AM		Lap Swim (6)	Lap Swim (6)	5:30-6:30AM Coached Lap Swim (3) Lap Swim (3)	Lap Swim (6)	Lap Swim (6)	Facility opens at 7:00AM Lap Swim (6)	
6:00 PM								
7:00 AM								
8:00 AM	Facility opens 8:00AM Lap Swim (6)			Lap Swim (6)				
9:00 AM	9:30-1:30PM Lap Swim (5)	9:00-10:00AM Synchronized Swim (3) Lap Swim (3)						
10:00 AM		Lap Swim (6)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	8:20-12:40PM Lap Swim (4)	
11:00 AM			Lap Swim (6)	Lap Swim (6)	Lap Swim (6)			
12:00 PM			Camp Swim 11:30-3:00PM (2) begin at 11:30AM Lap Swim (4)	Camp Swim 11:30-3:00PM (2) begin at 11:30AM Lap Swim (4)	Camp Swim 11:30-3:00PM (2) begin at 11:30AM Lap Swim (4)	Camp Swim 11:30-3:00PM (2) begin at 11:30AM Lap Swim (4)	11:15-12:15PM Synchronized Swim (3) 11:30-12:15 Lap Swim (1)	
1:00 PM								
2:00 PM	Lap Swim (6) Pool Closes 2:45PM Facility closes 3:00PM						Lap Swim (5)	
3:00 PM		Lap Swim 2:25-3:45PM (4) 3:45-4:30PM (1) 4:30-7:15PM (0) 7:15-7:30PM (2)	Lap Swim 2:25-3:45PM (5) 3:15-4:30PM (1) 4:30-7:00PM (0) 7:00-7:30PM (1)	Lap Swim 2:25-3:15PM (5) 3:15-3:45PM (3) 3:45-7:30PM (1)	Lap Swim 2:25-3:45PM (5) 3:15-4:30PM (1) 4:30-7:00PM (0) 7:00-7:30PM (1)	Lap Swim 2:25-4:00PM (5) 4:00-5:00PM (1) 5:00-7:00PM (0)		
4:00 PM							Pool closes 4:45PM Facility closes 5:00PM	
5:00 PM								
6:00 PM								
8:00 PM		7:30-8:45PM Lap Swim (6)	7:30-8:45PM Lap Swim (6)	7:30-8:45PM Lap Swim (6)	7:30-8:45PM Lap Swim (6)	7:00-8:45PM Lap Swim (6)		
8:45 PM								

Number in the (parenthesis) indicates the number of lanes available. Questions about the schedule? Please contact Aquatics Director Andi by email akeliinoi@ymcasd.org

All children under 4ft must have a parent within arms reach at all times. Swim Tests are required for lap swim/deep end. Swim Tests available for those under 4ft wishing to swim in the shallow end without a PFD. Family swim is available at all times, space is subject to availability based on programming. Recommended times: MON-THURS 5:30-4:00PM, after 6:00PM, FRI after 5:00PM, SAT & SUN all day.