



YMCA OF SAN DIEGO COUNTY
**COMMUNITY
WELL-BEING**
& BELONGING

YMCA PICKLEBALL HOUSE RULES

- The Y's courts are for **OPEN PLAY**. No **CHALLENGE COURTS**.
- Must play on designated level days based on level and experience.
- Players set up and tear down the courts.
- Line up paddles to see who plays next; first four players start game on court.
- Winners of game stay on court and split sides; two new players join game.
- All players coming off the court will put paddles at the end of the line.
- Winners can stay on court for up to two games max.
- If over eight players waiting, then four players on, then off, win or lose. Add paddle to win or lost line up.

PICKLEBALL OPEN PLAY HOURS:

HIGH INTERMEDIATE & ADVANCED:

Mondays: 7:00am-11:00am, Wednesdays: 1 court 7am, 2 courts, 8-11:00 am
Fridays: 1 court 7:00am, 2 courts, 8-9:25 am

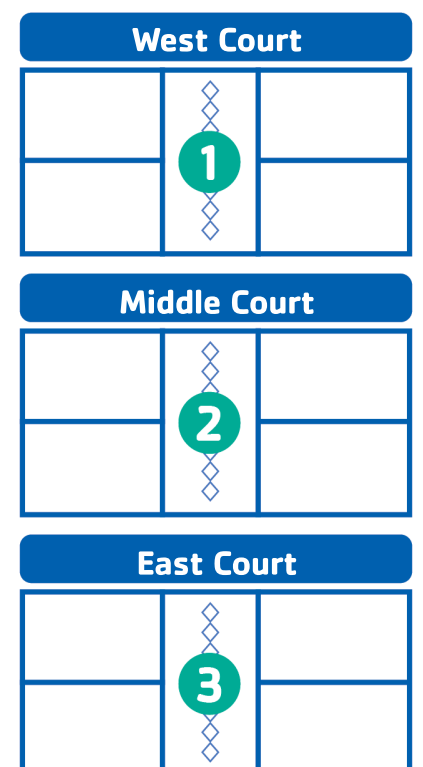
BEGINNER & LOW INTERMEDIATE:

Tuesdays/Thursdays: 7:00am -11:00 am
Fridays: 9:30-11:00 am

ALL SKILL LEVELS:

Fridays: 5:30-8:50 pm
Saturdays: 5:00-5:50 pm
Family Sunday: 1 court 3-4:30pm

LAST UPDATED: October 2025



For more information, contact: Barb Madsen, bmadsen@ymcasd.org
Schedule a private lesson, contact: Cara Beltra, cbeltran@ymcasd.org
Mission Valley YMCA • 619-298-3576