



# RYAN FAMILY YMCA

## Basketball Gym Program Schedule | June 2026

4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> Pickleball: 8:30-10:00 am Forever Fit: 10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Camp & Sports: 12:00-9:00	<b>2</b> Group x: 7:00-7:50 am Mirror Movement Development Workshop: 3:00-4:00 pm Camp & Sports: 12:00-9:00	<b>3</b> Pickleball: 8:30-10:00 am Enhance Fitness: 11:15-12:15 pm Camp & Sports Programs: 12:00-9:00 pm	<b>4</b> Group x: 7:00-7:50 am Summer Camps: 12:00 - 4:00 pm Youth Sports 4:00-8:00 pm	<b>5</b> Group x: 8:00-8:50 am Pickleball: 9:00-9:50 am Forever Fit: 10:00-10:50 am Enhance Fitness: 11:15-12:15pm Camp & Sports: 12:00-9:00	<b>6</b> Youth Sports 7:00-5:00 pm
<b>7</b> Open Gym: 8:00-3:00 pm	<b>8</b> Pickleball: 8:30-10:00 am Forever Fit: 10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Camp & Sports: 12:00-9:00	<b>9</b> Group x: 7:00-7:50 am Mirror Movement Development Workshop: 3:00-4:00 pm Camp & Sports: 12:00-9:00	<b>10</b> Pickleball: 8:30-10:00 am Enhance Fitness: 11:15-12:15 pm Camp & Sports Programs: 12:00-9:00 pm	<b>11</b> Group x: 7:00-7:50 am Summer Camps: 12:00 - 4:00 pm Youth Sports 4:00-8:00 pm	<b>12</b> Group x: 8:00-8:50 am Pickleball: 9:00-9:50 am Forever Fit: 10:00-10:50 am Enhance Fitness: 11:15-12:15pm Camp & Sports: 12:00-9:00	<b>13</b> Youth Sports: 7:00-5:00 pm
<b>14</b> Open Gym: 8:00-3:00 pm	<b>15</b> Pickleball: 8:30-10:00 am Forever Fit: 10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Camp & Sports: 12:00-9:00	<b>16</b> Group x: 7:00-7:50 am Mirror Movement Development Workshop: 3:00-4:00 pm Camp & Sports: 12:00-9:00	<b>17</b> Pickleball: 8:30-10:00 am Enhance Fitness: 11:15-12:15 pm Camp & Sports Programs: 12:00-9:00 pm	<b>18</b> Group x: 7:00-7:50 am Summer Camps: 12:00 - 4:00 pm Youth Sports 4:00-8:00 pm	<b>19</b> Group x: 8:00-8:50 am Pickleball: 9:00-9:50 am Forever Fit: 10:00-10:50 am Enhance Fitness: 11:15-12:15pm Camp & Sports: 12:00-9:00	<b>20</b> Youth Sports: 7:00-5:00 pm
<b>21</b> Open Gym: 8:00-3:00 pm	<b>22</b> Pickleball: 8:30-10:00 am Forever Fit: 10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Camp & Sports: 12:00-9:00	<b>23</b> Group x: 7:00-7:50 am Blood Drive: 9:00-2:00 pm Mirror Movement Development Workshop: 3:00-4:00 pm Camp & Sports: 12:00-9:00	<b>24</b> Pickleball: 8:30-10:00 am Enhance Fitness: 11:15-12:15 pm Camp & Sports Programs: 12:00-9:00 pm	<b>25</b> Group x: 7:00-7:50 am Summer Camps: 12:00 - 4:00 pm Youth Sports 4:00-8:00 pm	<b>26</b> Group x: 8:00-8:50 am Pickleball: 9:00-9:50 am Forever Fit: 10:00-10:50 am Enhance Fitness: 11:15-12:15pm Camp & Sports: 12:00-9:00	<b>27</b> Youth Sports: 7:00-5:00 pm
<b>28</b> Open Gym: 8:00-3:00 pm	<b>29</b> Pickleball: 8:30-10:00 am Forever Fit: 10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Camp & Sports: 12:00-9:00	<b>30</b> Group x: 7:00-7:50 am Mirror Movement Development Workshop: 3:00-4:00 pm Camp & Sports: 12:00-9:00	<b>1</b> Pickleball: 8:30-10:00 am Enhance Fitness: 11:15-12:15 pm Camp & Sports Programs: 12:00-9:00 pm	<b>2</b> Group x: 7:00-7:50 am Summer Camps: 12:00 - 4:00 pm Youth Sports 4:00-8:00 pm	<b>3</b> Group x: 8:00-8:50 am Pickleball: 9:00-9:50 am Forever Fit: 10:00-10:50 am Enhance Fitness: 11:15-12:15pm Camp & Sports: 12:00-9:00	<b>4</b> Open Gym: 7:00-5:00 pm

All times are subject to change. For more information or to confirm times, please call our branch at 619-226-8888.

Normal Operating Hours: M-F 5:30am-9:00pm, SAT 7:00am-5:00pm, & SUN 8:00am-3:00pm



# RYAN FAMILY YMCA OPEN GYM SCHEDULE | June 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 5:30-8:30 am	<b>2</b> 5:30-7:00 am 8:00-12:00 pm	<b>3</b> 5:30-8:30 am 10:00-11:00 am 12:30-3:30 pm	<b>4</b> 5:30-7:00 am 8:00-12:00 pm	<b>5</b> 5:30-8:00 am	<b>6</b> Closed
<b>7</b> 8:00-3:00 pm	<b>8</b> 5:30-8:30 am	<b>9</b> 5:30-7:00 am 8:00-12:00 pm	<b>10</b> 5:30-8:30 am 10:00-11:00 am 12:30-3:30 pm	<b>11</b> 5:30-7:00 am 8:00-12:00 pm	<b>12</b> 5:30-8:00 am	<b>13</b> Closed
<b>14</b> 8:00-3:00 pm	<b>15</b> 5:30-8:30 am	<b>16</b> 5:30-7:00 am 8:00-12:00 pm	<b>17</b> <sup>4</sup> 5:30-8:30 am 10:00-11:00am	<b>18</b> 5:30-7:00 am 8:00-12:00 pm	<b>19</b> 5:30-8:00 am	<b>20</b> Closed
<b>21</b> 8:00-3:00 pm	<b>22</b> 5:30-8:30 am	<b>23</b> 5:30-7:00 am 8:00-12:00 pm	<b>24</b> 5:30-8:30 am 10:00-11:00am	<b>25</b> 5:30-7:00 am 8:00-12:00 pm	<b>26</b> 5:30-8:00 am	<b>27</b> Closed
<b>28</b> 8:00-3:00 pm	<b>29</b> 5:30-8:30 am	<b>30</b> 5:30-7:00 am 8:00-12:00 pm	<b>1</b> 5:30-8:30 am 10:00-11:00am	<b>2</b> 5:30-7:00 am 8:00-12:00 pm	<b>3</b> 5:30-8:00 am	<b>4</b> Closed

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