



YMCA OF SAN DIEGO COUNTY
**COMMUNITY
WELL-BEING
& BELONGING**

FUN YOU'LL FLIP OVER!

CAMERON FAMILY YMCA

FEE & SESSION INFORMATION

PRESCHOOL	PARTICIPANT
PARENT/CHILD	\$115
PRESCHOOL GYMNASTICS	\$115
HOTSHOTS 1 & 2	\$144
HOTSHOTS 3	\$189
BOYS HOTSHOTS	\$144
RECREATIONAL	PARTICIPANT
GIRLS BEGINNER	\$144
GIRLS LEVEL 1	\$144
GIRLS LEVEL 2	\$189
GIRLS LEVEL 3	\$228
GIRLS ADVANCED	\$228
BOYS LEVEL 1	\$144
BOYS LEVEL 2	\$188
BOYS LEVEL 3	\$228
SPECIALTY	PARTICIPANT
LIL NINJAS	\$120
PARKOUR	\$147
ADAPTIVE	\$115
SAVE UP TO 25% OFF WITH SELECT Y MEMBERSHIPS	



PRACTICE & PLAY AT OPEN GYM

PRESCHOOL & SCHOOL AGE (0-11 years old)
Saturday 12:00 - 1:00

TEEN & ADULT OPEN GYM (12+ years old)
Monday & Wednesday 7:00 - 8:00

Open Gym Pricing:
Participants \$13 | Up to 25% off

Please Note:
PARENT SUPERVISION IS REQUIRED FOR AGES 1-6

QUESTIONS? CONTACT:

Linnea Campbell at
lrcampbell@ymcasd.org

*Prices above are based on 4-week session. Some months will have only 3 weeks, some will have 5 weeks. Prices are adjusted accordingly.

ymcasd.org/cameron

CAMERON GYMNASTICS CLASS SCHEDULE

★	Ages	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Home School Gymnastics	6-12	10:00-10:45		CLOSED FOR SUMMER			
Parent/Child	1-2		9:00-9:45	4:30-5:15			9:15-10:00 10:15-11:00
Transitional Parent/Child	2.5-4			5:15-6:00			
Preschool Adaptive	3-6				3:15-4:00		
Preschool Gymnastics	3-5	9:15-10:00 5:15-6:00	10:00-10:45 4:15-5:00 5:15-6:00	5:30-6:15	11:15-12:00 4:15-5:00 5:15-6:00		10:15-11:00 11:15-12:00
Little Ninjas	3-5	4:15-5:00		5:00-5:45			9:00-9:45
Hot Shots 1	3-6	4:30-5:25 5:30-6:25	4:00-4:55	5:00-5:55	4:00-4:55		10:00-10:55
Hot Shots 2	3-6	4:30-5:25	5:00-5:55	6:00-6:55	5:00-5:55		11:00-11:55
Hot Shots 3	5-7		5:00-6:25		5:00-6:25		11:00-12:25
COED Hot Shots	3-6						
School-Age Adaptive	7-11		6:15-7:00				
Girls Beginner	5-12	4:00-4:55 6:00-6:55	3:30-4:25	4:00-4:55	4:30-5:25 6:00-6:55		9:00-9:55 11:00-11:55
Girls Level 1	6-17	4:00-4:55 5:00-5:55	4:00-4:55		5:00-5:55		10:00-10:55
Girls Level 2	6-17	5:00-6:25	5:00-6:25	3:30-4:55	5:30-6:55	4:30-5:55	10:00-11:25
Girls Level 3	6-17	5:00-6:55	5:00-6:55	5:00-6:55	3:45-5:40	4:30-6:25	10:00-11:55
Girls Advanced	5-17			4:30-6:25	3:45-5:40	4:30-6:25	9:00-10:55
Parkour Beginner	6-12		4:00-4:55 5:00-5:55				
Boys Hot Shots	3-6				4:00-4:55		
Boys Level 1	5-17				4:00-4:55		
Boys Level 2	6-17		5:00-6:25		5:00-6:25		
Boys Level 3	6-17		5:00-6:55		5:00-6:55		