



POOL SCHEDULE TOBY WELLS

LAP POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30AM	Lap Swim (5) 5:30AM-9:00AM	Lap Swim (5) 5:30AM-9:00AM	Lap Swim (5) 5:30AM-9:00AM	Lap Swim (5) 5:30AM-9:00AM	Lap Swim (5) 5:30AM-9:00AM		
7:00AM							
8:00AM						Lap Swim (3) 8:00AM-9:00AM	
9:00AM	Water Exercise NO LANES 9:00AM-10AM	Lap Swim (1) 9:00AM-10AM	Water Exercise NO LANES 9:00AM-10AM	Lap Swim (1) 9:00AM-10AM	Water Exercise NO LANES 9:00AM-10AM	Lap Swim (2) 9:00AM-3:00PM	Lap Swim (3) 8:00AM-3:00pm
10:00AM	Lap Swim (3) 10:00AM-12PM	Lap Swim (3) 10:00AM-12PM	Lap Swim (3) 10:00AM-12PM	Lap Swim (3) 10:00AM-12PM	Lap Swim (3) 10:00AM-12PM		
11:00AM							
12:00PM	Lap Swim (3) 12:00PM-2:00PM	Lap Swim (3) 12:00PM-2:00PM	Lap Swim (3) 12:00PM-2:00PM	Lap Swim (3) 12:00PM-2:00PM	Lap Swim (3) 12:00PM-2:00PM	Lap Swim (3)	
1:00PM							
2:00PM	Lap Swim (3) 2:00PM-4:00PM	Lap Swim (3) 2:00PM-4:00PM	Lap Swim (3) 2:00PM-4:00PM	Lap Swim (3) 2:00PM-4:00PM	Lap Swim (3) 2:00PM-4:00PM		
3:00PM	Family Swim 2:00PM-4:00PM	Family Swim 2:00PM-4:00PM	Family Swim 2:00PM-4:00PM	Family Swim 2:00PM-4:00PM			
4:00PM	Lap Swim (2) 4:00PM-8:30PM	Lap Swim (1) 4:00PM-8:30PM	Lap Swim (2) 4:00PM-8:30PM	Lap Swim (1) 4:00PM-8:30PM	Family Swim 4:00PM-6:00PM		
5:00PM					Lap Swim (3) 4pm-6pm LAP SWIM 6pm-8:30pm (5)		
6:00PM							
7:00PM							
8:00PM							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30AM-8:30PM	5:30AM-8:30PM	5:30AM-8:30PM	5:30AM-8:30PM	5:30AM-8:30PM	8:00AM-3:00PM	8:00am-3pm

* Schedule subject to change



POOL RULES

TOBY WELLS YMCA

- YMCA Lifeguard has final authority.
- It's the rule, one long whistle – exit the pool immediately.
- For your safety, children 6 and under must be actively supervised by an adult, 18 years or older.
- All patrons under 18 years old must meet one of the following:
 - - Successfully pass a swim test (tread water for one minute and 25 yards continuous swim) OR
 - - Stand comfortably in chest deep water in the entire swim zone OR
 - - Wear a properly fitted United States Coast Guard (USCG) approved Personal Flotation Device (PFD or lifejacket).
 - - Be within arms reach of an adult (only one non-swimmer per adult).
- Recreational diving permitted in 9 feet of water or more.
- Please walk on pool deck.
- Prolonged underwater breath holding is dangerous and prohibited.
- USCG approved lifejacket and water noodles may be used.
- All pool equipment must be used appropriately.
- Swimming without a certified lifeguard on duty is prohibited.
- Swim diapers are required for swimmers who are not potty-trained.
- Please shower before entering the pool.
- Eating is permitted in designated areas only.
- Appropriate swimming attire must be worn at all times (cut-offs, jeans, etc. are not permitted).