RYAN YMCA OUTDOOR LAP POOL SCHEDULE

Effective 7/1/2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM		Lap Swim (6)	Lap Swim (6)	5:30-6:30AM Coached Lap Swim (3) Lap Swim (3)	Lap Swim (6)	Lap Swim (6)	
6:00 PM							
7:00 AM				Lap Swim (6)			Facility opens at 7:00AM Lap Swim (6)
8:00 AM	Facility opens 8:00AM						
9:00 AM	Lap Swim (6)	9:00-10:00AM Synchronized Swim (3) Lap Swim (3)				8:45-9:45AM Synchronized Swim (3) Lap Swim (3)	9:00-1:00PM Lap Swim (4)
10:00 AM	10:00-1:30PM Lap Swim (5)	Lap Swim (6)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	
11:00 AM			Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	
12:00 PM		11:30-3:00PM Camp Swim (Shallow & 2 lanes) Lap Swim (4)	11:30-3:00PM Camp Swim (Shallow & 2 lanes) Lap Swim (4)	11:30-3:00PM Camp Swim (Shallow & 2 lanes) Lap Swim (4)	11:30-3:00PM Camp Swim (Shallow & 2 lanes) Lap Swim (4)	11:30-3:00PM Camp Swim (Shallow & 2 lanes) Lap Swim (4)	
1:00 PM							Lap Swim (6)
2:00 PM	Lap Swim (6) Pool Closes 2:45PM Facility closes 3:00PM						
3:00 PM		Lap Swim 3:00-4:00PM (5) 4:00-4:45PM (1) 4:45-7:00PM (0) 7:00-7:30PM (3)	Lap Swim 2:20-3:00PM (3) 3:00-4:00PM (4) 4:00-4:45PM (3) 4:45-6:00PM (1) 6:00-7:30PM (0) 7:30-7:45PM (4)	Lap Swim 3:00-4:00PM (4) 4:00-7:15PM (1) 7:15-7:45PM (4)	Lap Swim 3:00-4:00PM (5) 4:00-4:45PM (1) 4:45-7:00PM (0) 7:00-7:30PM (3)	Lap Swim 3:00-4:00PM (5) 4:00-4:45PM (3) 4:45-5:45PM (1) 5:45-6:30PM (3)	Pool closes 4:45PM Facility closes 5:00PM
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM		7:30-8:45PM Lap Swim (6)	7:45-8:45PM Lap Swim (6)	7:30-8:45PM Lap Swim (6)	7:30-8:45PM Lap Swim (6)	6:30-8:45PM Lap Swim (6)	
8:45 PM							

Number in the (parenthesis) indicates the number of lanes available. Questions about the schedule? Please contact Aquatics Director Andi by email akeliinoi@ymcasd.org

All children under 4ft must have a parent within arms reach at all times. Swim Tests are required for lap swim/deep end. Swim Tests available for those under 4ft wishing to swim in the shallow end without a PFD. **Family swim is available at all times**, space is subject to availability based on programming. **Recommended times:** MON-FRI during "Camp swim hours" MON-THURS 5:30-4:00PM, after 6:00PM, FRI after 5:00PM, SAT & SUN all day.