RYAN FAMILY YMCA
Basketball Gym Program Schedule | November 2026

Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00	3 Pickleball: 8:30-10:00 am Youth Sports: 4:00-9:00	4 Pickleball: 8:30-10:00 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00	5 Pickleball: 8:30-10:00 am Youth Sports: 4:00-9:00	6 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00	7 Youth Basketball League 9:00-3:30 pm
8	9 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00 pm	10 Pickleball 8:30-10:00 am Youth Sports: 4:00-9:00 pm	11 Pickleball: 8:30-10:00 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-6:00 pm Adult Basketball 6:00-9:00	12 Pickleball 8:30-10:00 am Youth Sports: 4:00-9:00 pm	13 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00 pm	14 Youth Basketball League 9:00-3:30 pm
15	16 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00 pm	17 Pickleball 8:30-10:00 am Youth Sports: 4:00-9:00 pm	18 Gym Reserved 6:00am-5:00 pm	19 Pickleball 8:30-10:00 am Youth Sports: 4:00-9:00 pm	20 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00 pm	21 Youth Basketball League 9:00-3:30 pm
22	23 YMCA Day Camp 8:00am-5:30pm Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm	24 YMCA Day Camp 8:00am-5:30pm	25 YMCA Day Camp 8:00am-5:30pm Enhance Fitness: 11:15-12:15 pm Adult Basketball 6-9 pm	26 Thanksgiving Day	27 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm	28
29	30 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm					

All times are subject to change. For more information or to confirm times, please call our branch at 619-226-8888.

Normal Operating Hours: M-F 5:30am-9:00pm, SAT 7:00am-5:00pm, & SUN 8:00am-3:00pm

RYAN FAMILY YMCA
OPEN GYM SCHEDULE | November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 8:00 am-3:00 pm	2 5:30-8:30 am 12:30-4:00 pm	3 5:30-8:30 am 10:00-4:00 pm	4 5:30-8:30 am 10:00-11:00 am 12:30-4:00 pm	5 5:30-8:30 am 10:00-4:00 pm	6 5:30-8:30 am 12:30-4:00 pm	7 4:00-5:00 pm
8 8:00 am-3:00 pm	9 5:30-8:30 am 12:30-4:00 pm	10 5:30-8:30 am 10:00-4:00 pm	11 5:30-8:30 am 10:00-11:00 am 12:30-4:00 pm	12 5:30-8:30 am 10:00-4:00 pm	13 5:30-8:30 am 12:30-4:00 pm	14 4:00-5:00 pm
15 8:00 am-3:00 pm	16 5:30-8:30 am 12:30-4:00 pm	17 5:30-8:30 am 10:00-4:00 pm	18 Gym Reserved	19 5:30-8:30 am 10:00-4:00 pm	20 5:30-8:30 am 12:30-4:00 pm	21 4:00-5:00 pm
22 8:00 am-3:00 pm	23 5:30-7:30 am 5:00-9:00 pm	24 5:30-7:30 am 5:00-9:00 pm	25 5:30-7:30 am 5:00-9:00 pm	26 5:30-8:30 am 10:00-9:00 pm	27 5:30-8:30 am 12:30-9:00 pm	28 7:00am-5:00 pm
29 8:00 am-3:00 pm	30 5:30-8:30 am 12:30-9:00 pm					

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Normal Operating Hours: M-F 5:30am-9:00 pm, SAT 7:00am-5:00 pm, & SUN 8:00am-3:00 pm