RYAN YMCA OUTDOOR LAP POOL SCHEDULE

Effective 11/9/2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM		Lap Swim (6)	Lap Swim (6)	5:30-6:30AM Coached Lap Swim (3) Lap Swim (3)	Lap Swim (6)	Lap Swim (6)	
6:00 AM						6:00-7:15AM Lap Swim (5)	
7:00 AM				Lap Swim (6)		Lap Swim (6)	Facility opens at 7:00AM
8:00 AM	Facility opens 8:00AM						Lap Swim (6)
9:00 AM	Lap Swim (6)	9:15-10:15AM Synchronized Swim (3) Lap Swim (3)					9:00-1:00PM Lap Swim (4)
10:00 AM	10:00-1:30PM Lap Swim (5)	Lap Swim (6)	10:15-11:05AM Aqua Fit (3) Lap Swim (3)	10:15-11:05AM Aqua Fit (3) Lap Swim (3)	10:15-11:05AM Aqua Fit (3) Lap Swim (3)	10:15-11:05AM Aqua Fit (3) Lap Swim (3)	
11:00 AM			Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6) except: 11:15-12:15PM Synchronized Swim (3)	
12:00 PM			Lap Swim (6)	Lap Swim (6)	Lap Swim (6)		Lap Swim (6)
1:00 PM							
2:00 PM	Lap Swim (6) Pool closes 2:45PM Facility closes 3:00PM						Pool closes 4:45PM Facility closes 5:00PM
3:00 PM		Lap Swim 3:00-3:45PM (5) 3:45-7:00PM (0) 7:00-7:30PM (1) 7:30-8:00PM (3) Swim Team 3:45-8:00PM	Lap Swim 2:25-4:00PM (3) 4:00-5:00PM (1) 5:00-7:00PM (0) 7:00-8:00PM (3) Swim Team 4:00-8:00PM	Lap Swim 2:25-3:45PM (5) 3:45-6:15PM (0) 6:15-7:00PM (1) 7:00-8:00PM (2) Swim Team 3:45-8:00PM	Lap Swim 3:00-4:00PM (5) 4:00-5:00PM (1) 5:00-7:00PM (0) 7:00-8:00PM (3) Swim Team 4:00-8:00PM	Lap Swim 3:00-3:45PM (5) 3:45-6:15PM (1) 6:15-7:00PM (3) 7:00-7:30PM (4) Swim Team 3:45-7:30PM	
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM		8:00-8:45PM Lap Swim (6)	8:00-8:45PM Lap Swim (6)	8:00-8:45PM Lap Swim (6)	8:00-8:45PM Lap Swim (6)	7:30-8:45PM Lap Swim (6)	
8:45 PM							

Number in the (parenthesis) indicates the number of lanes available. Questions about the schedule? Please contact Aquatics Director Andi by email akeliinoi@ymcasd.org

Our Annual Pool closure for Maintenance is scheduled beginning on 12/14 with an anticipated reopening of 12/18.
Beginning 12/14, our Therapy pool will be getting replastered & other upgrades which will cause it to be closed until approximately late January.

All children under 4ft must have a parent within arms reach at all times. Swim Tests are required for lap swim/deep end. Swim Tests available for those under 4ft wishing to swim in the shallow end without a PFD. **Family swim is available at all times**, space is subject to availability based on programming. **Recommended times:** MON-THURS 5:30-4:00PM, after 6:00PM, FRI after 5:00PM, SAT & SUN all day.