DAVIS FAMILY YMCA
NOVEMBER POOL SCHEDULE

the YMCA OF SAN DIEGO COUNTY COMMUNITY WELL-BEING & BELONGING

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6AM	MASTERS SWIM 6:30 AM – 7:30 AM Lanes 1–3 LAP SWIM 6:00 AM – 10:00 AM	LAP SWIM 6:00 AM – 10:00 AM	MASTERS SWIM 6:30 AM – 7:30 AM Lanes 1–3 LAP SWIM 6:00 AM – 10:00 AM	LAP SWIM 6:00 AM – 10:00 AM	LAP SWIM 6:00 AM – 10:00 AM	
7AM						
8AM						LAP SWIM 8:00 AM – 12:45 PM SWIM LESSONS 9:00 AM – 12:45 PM LANES 1 & 4–5 (Limited water walking)
9AM						
10AM	AQUA FIT-YAA 10:00 AM – 11:00 AM ALL LANES *Lane lines can be removed starting at 9:50 AM	AQUA FIT-YAA 10:00 AM – 11:00 AM ALL LANES *Lane lines can be removed starting at 9:50 AM	AQUA FIT-YAA 10:00 AM – 11:00 AM ALL LANES *Lane lines can be removed starting at 9:50 AM	AQUA FIT-YAA 10:00 AM – 11:00 AM ALL LANES *Lane lines can be removed starting at 9:50 AM	AQUA FIT-YAA 10:00 AM – 11:00 PM ALL LANES *Lane lines can be removed starting at 9:50 AM	
11AM						
12PM	LAP SWIM AND FAMILY SWIM ALL LANES 11:00 AM – 12:00 PM	LAP SWIM AND FAMILY SWIM ALL LANES 11:00 AM – 12:00 PM	LAP SWIM AND FAMILY SWIM ALL LANES 11:00 AM – 12:00 PM	LAP SWIM AND FAMILY SWIM ALL LANES 11:00 AM – 12:00 PM	LAP SWIM AND FAMILY SWIM ALL LANES 11:00 AM – 12:00 PM	
1PM	POOL CLOSED 12 PM – 3 PM					
2PM						
3PM						
4PM	SWIM LESSONS LANES 1, 4–5 3:00 PM – 6:00 PM *private lesson times may vary*	SWIM LESSONS LANES 1, 4–5 3:00 PM – 6:00 PM *private lesson times may vary*	SWIM LESSONS LANES 1, 4–5 3:00 PM – 6:00 PM *private lesson times may vary*	SWIM LESSONS LANES 1, 4–5 3:00 PM – 6:00 PM *private lesson times may vary*	SWIM LESSONS LANES 1, 4–5 3:00 PM – 6:00 PM *private lesson times may vary*	
5PM						
6PM	LAP SWIM LANES 2 & 3 3:00 PM – 6:00 PM	LAP SWIM LANES 2 & 3 3:00 PM – 6:00 PM	LAP SWIM LANES 2 & 3 3:00 PM – 6:00 PM	LAP SWIM LANES 2 & 3 3:00 PM – 6:00 PM	LAP SWIM LANES 2 & 3 3:00 PM – 6:00 PM	

Select Lanes will be reserved due to programming.

Hours of Operation

Monday – Friday	6AM–12PM & 3PM–6PM
Saturday	8AM – 12:45PM
Sunday	Closed

Swim Time

Lap Swim	6AM–12PM & 3PM–6PM
Swim Lessons Saturday	9AM – 12:45PM
Swim Lessons Weekdays	3PM – 6PM

RULES:

Pool Temp: 82 degrees & **Pool Length:** 25 yards

Swimmers are encouraged to share lanes during busy time.

Water Group Exercise classes begins 10 minutes prior to the scheduled class time to allow lifeguards to move lane lines.

Family Swim 1:1 adult-to-child ratio is required.

Children must pass swim test or wear life vest and be within arm's reach of a supervising adult.

Children 6 and under must have a parent or guardian in water with them at all time.

Water proof diapers are required for any child that is not yet potty trained

POOL PRICES

Members: FREE

Non-Members: $15 per person

Sign Up For Text Alerts!